

Albany, NY - Oct 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:13	4.4	9:21	5.0	3:52	0.4	3:27	0.5	6:52	6:37	
2	Thu	10:09	4.2	10:14	4.8	4:44	0.6	4:10	0.7	6:53	6:35	
3	Fri	11:05	4.1	11:10	4.7	5:38	0.7	5:02	0.9	6:54	6:33	
4	Sat			12:02	4.1	6:33	0.7	6:02	1.0	6:55	6:31	
5	Sun	12:09	4.7	12:58	4.2	7:26	0.6	7:04	1.0	6:56	6:30	
6	Mon	1:07	4.7	1:51	4.4	8:16	0.5	8:04	0.9	6:57	6:28	
7	Tue	2:00	4.8	2:39	4.6	9:03	0.3	9:00	0.7	6:58	6:26	
8	Wed	2:46	4.9	3:22	4.8	9:47	0.2	9:53	0.5	7:00	6:24	
9	Thu	3:28	5.0	4:00	5.1	10:28	0.1	10:42	0.3	7:01	6:23	
10	Fri	4:05	5.0	4:33	5.3	11:06	0.0	11:30	0.2	7:02	6:21	
11	Sat	4:39	4.9	5:01	5.5	11:44	0.0			7:03	6:19	
12	Sun	5:12	4.8	5:28	5.6	12:17	0.2	12:20	0.0	7:04	6:18	
13	Mon	5:47	4.7	5:59	5.8	1:04	0.2	12:58	0.1	7:05	6:16	
14	Tue	6:30	4.6	6:39	5.8	1:53	0.3	1:38	0.2	7:07	6:14	
15	Wed	7:21	4.5	7:28	5.7	2:44	0.4	2:24	0.3	7:08	6:13	
16	Thu	8:24	4.3	8:25	5.5	3:39	0.5	3:18	0.4	7:09	6:11	
17	Fri	9:37	4.3	9:36	5.3	4:38	0.5	4:23	0.5	7:10	6:10	
18	Sat	10:48	4.3	10:58	5.2	5:39	0.5	5:32	0.6	7:11	6:08	
19	Sun	11:56	4.4			6:40	0.4	6:41	0.5	7:12	6:06	
20	Mon	12:13	5.2	12:59	4.7	7:38	0.2	7:46	0.3	7:14	6:05	
21	Tue	1:19	5.2	1:57	5.0	8:33	0.0	8:47	0.1	7:15	6:03	
22	Wed	2:17	5.4	2:50	5.3	9:24	-0.2	9:44	-0.1	7:16	6:02	
23	Thu	3:09	5.4	3:39	5.6	10:12	-0.3	10:38	-0.2	7:17	6:00	
24	Fri	3:57	5.5	4:24	5.7	10:57	-0.4	11:29	-0.3	7:19	5:59	
25	Sat	4:43	5.4	5:06	5.8	11:40	-0.3			7:20	5:57	
26	Sun	4:28	5.2	4:47	5.7	12:17	-0.2	11:20 AM	-0.1	6:21	4:56	
27	Mon	5:14	5.0	5:28	5.6	12:04	0.0	11:58 AM	0.2	6:22	4:55	
28	Tue	6:02	4.7	6:08	5.4	12:50	0.2	12:35	0.4	6:23	4:53	
29	Wed	6:52	4.5	6:49	5.2	1:36	0.4	1:10	0.6	6:25	4:52	
30	Thu	7:45	4.4	7:33	5.1	2:22	0.5	1:45	0.8	6:26	4:50	
31	Fri	8:38	4.3	8:21	5.0	3:10	0.7	2:25	1.0	6:27	4:49	