

Albany, NY - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:32	4.3	9:17	4.9	3:59	0.8	3:14	1.1	6:28	4:48	
2	Sun	10:26	4.3	10:18	4.8	4:49	0.8	4:15	1.2	6:30	4:46	
3	Mon	11:19	4.4	11:18	4.7	5:39	0.8	5:22	1.2	6:31	4:45	
4	Tue			12:10	4.5	6:28	0.7	6:27	1.1	6:32	4:44	
5	Wed	12:14	4.7	12:58	4.8	7:16	0.6	7:28	0.9	6:34	4:43	
6	Thu	1:05	4.7	1:41	5.1	8:01	0.4	8:25	0.7	6:35	4:42	
7	Fri	1:51	4.7	2:19	5.3	8:44	0.4	9:19	0.5	6:36	4:40	
8	Sat	2:33	4.7	2:53	5.6	9:27	0.3	10:11	0.4	6:37	4:39	
9	Sun	3:12	4.7	3:24	5.8	10:09	0.3	11:01	0.3	6:39	4:38	
10	Mon	3:52	4.6	3:57	5.9	10:52	0.3	11:50	0.2	6:40	4:37	
11	Tue	4:35	4.6	4:36	5.9	11:37	0.3			6:41	4:36	
12	Wed	5:24	4.5	5:23	5.8	12:41	0.2	12:25	0.3	6:42	4:35	
13	Thu	6:22	4.4	6:19	5.7	1:32	0.3	1:18	0.4	6:44	4:34	
14	Fri	7:28	4.4	7:27	5.5	2:26	0.3	2:16	0.4	6:45	4:33	
15	Sat	8:34	4.5	8:42	5.4	3:22	0.3	3:18	0.5	6:46	4:32	
16	Sun	9:38	4.6	9:53	5.3	4:18	0.3	4:22	0.4	6:47	4:31	
17	Mon	10:40	4.8	10:58	5.2	5:14	0.2	5:26	0.4	6:49	4:30	
18	Tue	11:39	5.0	11:59	5.2	6:09	0.0	6:29	0.2	6:50	4:30	
19	Wed			12:36	5.3	7:02	-0.1	7:28	0.1	6:51	4:29	
20	Thu	12:55	5.2	1:28	5.6	7:52	-0.2	8:25	-0.1	6:52	4:28	
21	Fri	1:47	5.2	2:16	5.7	8:40	-0.2	9:19	-0.2	6:54	4:27	
22	Sat	2:36	5.2	3:00	5.8	9:26	-0.2	10:09	-0.2	6:55	4:27	
23	Sun	3:22	5.1	3:41	5.8	10:09	-0.1	10:57	-0.1	6:56	4:26	
24	Mon	4:07	5.0	4:21	5.7	10:50	0.1	11:43	0.0	6:57	4:25	
25	Tue	4:53	4.8	4:59	5.5	11:28	0.3			6:58	4:25	
26	Wed	5:39	4.6	5:36	5.4	12:27	0.1	12:04	0.5	6:59	4:24	
27	Thu	6:27	4.5	6:12	5.2	1:10	0.3	12:39	0.7	7:01	4:24	
28	Fri	7:16	4.4	6:46	5.1	1:52	0.4	1:14	0.8	7:02	4:23	
29	Sat	8:05	4.3	7:22	5.0	2:34	0.5	1:52	0.9	7:03	4:23	
30	Sun	8:53	4.3	8:07	4.9	3:17	0.6	2:38	0.9	7:04	4:23	