

Albany, NY - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:42	4.4	9:01	4.8	4:00	0.6	3:34	1.0	7:05	4:22	
2	Tue	10:31	4.5	10:07	4.6	4:45	0.6	4:40	1.1	7:06	4:22	
3	Wed	11:19	4.6	11:15	4.5	5:32	0.6	5:49	1.0	7:07	4:22	
4	Thu			12:06	4.9	6:20	0.6	6:56	0.9	7:08	4:21	
5	Fri	12:16	4.4	12:51	5.1	7:09	0.5	7:58	0.7	7:09	4:21	
6	Sat	1:11	4.4	1:34	5.3	7:58	0.5	8:56	0.5	7:10	4:21	
7	Sun	2:01	4.4	2:14	5.6	8:49	0.4	9:51	0.3	7:11	4:21	
8	Mon	2:48	4.4	2:53	5.7	9:39	0.3	10:44	0.2	7:12	4:21	
9	Tue	3:35	4.4	3:36	5.8	10:31	0.3	11:35	0.1	7:13	4:21	
10	Wed	4:24	4.4	4:23	5.7	11:22	0.2			7:14	4:21	
11	Thu	5:17	4.4	5:18	5.6	12:25	0.0	12:15	0.2	7:15	4:21	
12	Fri	6:16	4.4	6:21	5.5	1:16	0.0	1:10	0.1	7:15	4:21	
13	Sat	7:18	4.5	7:29	5.4	2:08	0.0	2:06	0.1	7:16	4:21	
14	Sun	8:20	4.6	8:35	5.3	3:00	-0.1	3:05	0.1	7:17	4:22	
15	Mon	9:20	4.8	9:37	5.2	3:52	-0.1	4:06	0.1	7:18	4:22	
16	Tue	10:18	5.0	10:37	5.1	4:45	-0.1	5:07	0.1	7:18	4:22	
17	Wed	11:15	5.2	11:35	5.0	5:37	-0.2	6:08	0.1	7:19	4:22	
18	Thu			12:10	5.3	6:29	-0.2	7:08	0.0	7:20	4:23	
19	Fri	12:31	4.9	1:03	5.5	7:20	-0.2	8:05	-0.1	7:20	4:23	
20	Sat	1:24	4.9	1:52	5.6	8:09	-0.1	8:58	-0.2	7:21	4:24	
21	Sun	2:15	4.9	2:37	5.6	8:56	-0.1	9:49	-0.2	7:21	4:24	
22	Mon	3:02	4.8	3:19	5.5	9:41	0.0	10:36	-0.2	7:22	4:25	
23	Tue	3:48	4.7	3:59	5.5	10:23	0.2	11:20	-0.1	7:22	4:25	
24	Wed	4:32	4.6	4:36	5.3	11:02	0.3			7:23	4:26	
25	Thu	5:17	4.5	5:12	5.2	12:02	0.0	11:40 AM	0.4	7:23	4:26	
26	Fri	6:01	4.4	5:44	5.1	12:42	0.1	12:15	0.5	7:23	4:27	
27	Sat	6:44	4.4	6:13	5.1	1:20	0.2	12:51	0.5	7:24	4:28	
28	Sun	7:27	4.4	6:43	5.0	1:57	0.3	1:29	0.6	7:24	4:28	
29	Mon	8:07	4.4	7:23	4.9	2:32	0.3	2:12	0.7	7:24	4:29	
30	Tue	8:46	4.5	8:09	4.8	3:08	0.3	3:02	0.7	7:24	4:30	
31	Wed	9:24	4.7	8:58	4.4	3:44	0.4	4:03	0.9	7:25	4:31	