

Albany, NY - Feb 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:06	5.1			5:41	0.7	7:13	0.8	7:09	5:07	
2	Mon	12:16	4.0	12:22	5.2	6:56	0.7	8:14	0.5	7:08	5:09	
3	Tue	1:19	4.2	1:28	5.4	8:04	0.5	9:11	0.3	7:07	5:10	
4	Wed	2:15	4.4	2:27	5.5	9:05	0.2	10:03	0.0	7:06	5:11	
5	Thu	3:07	4.7	3:20	5.7	10:01	0.0	10:52	-0.2	7:04	5:13	
6	Fri	3:57	4.9	4:12	5.8	10:55	-0.2	11:40	-0.3	7:03	5:14	
7	Sat	4:46	5.1	5:04	5.7	11:47	-0.3			7:02	5:15	
8	Sun	5:37	5.2	5:58	5.6	12:26	-0.4	12:38	-0.3	7:01	5:17	
9	Mon	6:29	5.3	6:53	5.5	1:11	-0.3	1:30	-0.3	7:00	5:18	
10	Tue	7:22	5.4	7:48	5.3	1:56	-0.2	2:24	-0.1	6:58	5:19	
11	Wed	8:16	5.4	8:45	5.1	2:42	0.0	3:19	0.1	6:57	5:21	
12	Thu	9:10	5.3	9:41	4.9	3:30	0.2	4:17	0.3	6:56	5:22	
13	Fri	10:05	5.2	10:39	4.8	4:20	0.4	5:16	0.4	6:54	5:23	
14	Sat	11:02	5.2	11:37	4.7	5:13	0.6	6:15	0.5	6:53	5:25	
15	Sun	11:59	5.1			6:08	0.7	7:12	0.5	6:52	5:26	
16	Mon	12:34	4.7	12:55	5.1	7:04	0.8	8:06	0.4	6:50	5:27	
17	Tue	1:28	4.8	1:46	5.2	7:57	0.7	8:55	0.3	6:49	5:28	
18	Wed	2:18	4.9	2:32	5.2	8:47	0.7	9:40	0.2	6:47	5:30	
19	Thu	3:03	5.0	3:14	5.3	9:33	0.6	10:22	0.2	6:46	5:31	
20	Fri	3:45	5.1	3:52	5.3	10:16	0.5	11:00	0.2	6:44	5:32	
21	Sat	4:24	5.1	4:26	5.3	10:58	0.5	11:35	0.3	6:43	5:34	
22	Sun	4:59	5.2	4:56	5.2	11:39	0.5			6:41	5:35	
23	Mon	5:30	5.2	5:21	5.1	12:08	0.4	12:19	0.6	6:40	5:36	
24	Tue	5:53	5.4	5:49	5.0	12:39	0.4	1:01	0.6	6:38	5:37	
25	Wed	6:15	5.5	6:27	4.9	1:08	0.5	1:45	0.7	6:37	5:39	
26	Thu	6:49	5.7	7:13	4.8	1:38	0.6	2:34	0.9	6:35	5:40	
27	Fri	7:32	5.7	8:08	4.6	2:13	0.7	3:32	1.0	6:34	5:41	
28	Sat	8:23	5.7	9:18	4.4	3:00	0.8	4:38	1.1	6:32	5:42	