

Albany, NY - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:23	5.9	1:41	6.0	8:16	0.9	8:48	0.7	5:49	7:54	
2	Sat	2:17	6.3	2:37	6.0	9:15	0.7	9:38	0.5	5:48	7:55	
3	Sun	3:06	6.5	3:28	6.1	10:11	0.5	10:25	0.5	5:46	7:56	
4	Mon	3:52	6.7	4:16	6.0	11:04	0.4	11:10	0.6	5:45	7:57	
5	Tue	4:36	6.8	5:03	5.9	11:54	0.3	11:54	0.8	5:44	7:59	
6	Wed	5:17	6.7	5:51	5.7			12:42	0.4	5:42	8:00	
7	Thu	5:58	6.5	6:40	5.5	12:36	1.0	1:30	0.6	5:41	8:01	
8	Fri	6:40	6.3	7:32	5.3	1:17	1.2	2:16	0.8	5:40	8:02	
9	Sat	7:22	6.0	8:26	5.2	1:57	1.5	3:03	1.0	5:39	8:03	
10	Sun	8:08	5.8	9:20	5.1	2:37	1.7	3:50	1.2	5:38	8:04	
11	Mon	9:00	5.6	10:14	5.1	3:21	1.9	4:38	1.3	5:36	8:05	
12	Tue	9:57	5.4	11:08	5.2	4:12	2.0	5:27	1.3	5:35	8:06	
13	Wed	10:58	5.3			5:11	2.0	6:16	1.4	5:34	8:07	
14	Thu	12:01	5.3	11:59 AM	5.1	6:14	2.0	7:03	1.3	5:33	8:08	
15	Fri	12:52	5.4	12:57	5.1	7:17	1.9	7:50	1.3	5:32	8:09	
16	Sat	1:41	5.6	1:51	5.0	8:17	1.7	8:35	1.2	5:31	8:10	
17	Sun	2:25	5.9	2:40	5.0	9:13	1.4	9:19	1.2	5:30	8:11	
18	Mon	3:05	6.1	3:25	5.0	10:06	1.2	10:02	1.1	5:29	8:12	
19	Tue	3:40	6.3	4:06	5.0	10:57	0.9	10:45	1.1	5:28	8:13	
20	Wed	4:11	6.5	4:46	4.9	11:45	0.8	11:28	1.1	5:27	8:14	
21	Thu	4:40	6.6	5:28	4.9			12:33	0.7	5:27	8:15	
22	Fri	5:14	6.6	6:13	4.9	12:13	1.1	1:20	0.6	5:26	8:16	
23	Sat	5:56	6.5	7:05	4.9	1:01	1.1	2:09	0.6	5:25	8:17	
24	Sun	6:46	6.4	8:04	5.0	1:52	1.1	2:59	0.6	5:24	8:18	
25	Mon	7:46	6.2	9:06	5.1	2:47	1.1	3:50	0.6	5:23	8:19	
26	Tue	8:56	6.0	10:06	5.3	3:46	1.1	4:43	0.6	5:23	8:20	
27	Wed	10:08	5.9	11:06	5.5	4:49	1.1	5:37	0.5	5:22	8:21	
28	Thu	11:16	5.8			5:53	1.0	6:31	0.5	5:21	8:22	
29	Fri	12:04	5.7	12:19	5.7	6:56	0.9	7:24	0.4	5:21	8:23	
30	Sat	1:00	6.0	1:19	5.6	7:58	0.7	8:16	0.4	5:20	8:24	
31	Sun	1:54	6.2	2:15	5.6	8:57	0.5	9:07	0.4	5:20	8:24	