

Albany, NY - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:44	6.4	3:07	5.5	9:53	0.3	9:55	0.4	5:19	8:25	
2	Tue	3:30	6.5	3:57	5.5	10:46	0.2	10:42	0.5	5:19	8:26	
3	Wed	4:14	6.4	4:44	5.4	11:36	0.2	11:27	0.7	5:18	8:27	
4	Thu	4:55	6.3	5:32	5.2			12:23	0.2	5:18	8:28	
5	Fri	5:35	6.1	6:19	5.1	12:09	0.9	1:08	0.3	5:17	8:28	
6	Sat	6:14	5.9	7:08	4.9	12:50	1.1	1:52	0.5	5:17	8:29	
7	Sun	6:53	5.7	7:58	4.9	1:29	1.2	2:35	0.6	5:17	8:30	
8	Mon	7:31	5.5	8:49	4.8	2:07	1.4	3:16	0.7	5:17	8:30	
9	Tue	8:09	5.3	9:38	4.8	2:47	1.5	3:57	0.8	5:16	8:31	
10	Wed	8:52	5.2	10:27	4.9	3:33	1.6	4:38	0.9	5:16	8:31	
11	Thu	9:44	4.9	11:15	5.0	4:27	1.6	5:20	0.9	5:16	8:32	
12	Fri	10:50	4.7			5:31	1.6	6:03	1.0	5:16	8:32	
13	Sat	12:04	5.1	11:59 AM	4.5	6:38	1.6	6:49	1.0	5:16	8:33	
14	Sun	12:51	5.3	1:02	4.3	7:43	1.4	7:38	1.0	5:16	8:33	
15	Mon	1:37	5.5	2:00	4.3	8:44	1.2	8:30	1.0	5:16	8:34	
16	Tue	2:20	5.7	2:52	4.3	9:42	0.9	9:22	0.9	5:16	8:34	
17	Wed	3:00	5.9	3:40	4.3	10:35	0.6	10:14	0.8	5:16	8:35	
18	Thu	3:39	6.0	4:26	4.4	11:26	0.4	11:06	0.7	5:16	8:35	
19	Fri	4:19	6.1	5:12	4.5			12:15	0.2	5:16	8:35	
20	Sat	5:02	6.1	6:01	4.6			1:03	0.1	5:16	8:36	
21	Sun	5:51	6.1	6:54	4.7	12:50	0.5	1:50	0.0	5:16	8:36	
22	Mon	6:46	6.0	7:51	4.8	1:43	0.5	2:38	-0.1	5:17	8:36	
23	Tue	7:48	5.8	8:49	5.0	2:37	0.4	3:27	-0.1	5:17	8:36	
24	Wed	8:52	5.7	9:46	5.2	3:34	0.4	4:17	-0.1	5:17	8:36	
25	Thu	9:55	5.5	10:42	5.4	4:34	0.4	5:07	-0.1	5:18	8:36	
26	Fri	10:57	5.3	11:39	5.5	5:35	0.4	5:59	-0.1	5:18	8:36	
27	Sat	11:57	5.1			6:37	0.4	6:52	0.0	5:18	8:37	
28	Sun	12:35	5.7	12:56	4.9	7:38	0.3	7:44	0.0	5:19	8:36	
29	Mon	1:29	5.8	1:53	4.9	8:38	0.1	8:37	0.1	5:19	8:36	
30	Tue	2:21	5.8	2:47	4.8	9:34	0.0	9:28	0.2	5:20	8:36	