

## Albany, NY - Aug 1970

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 4:19  | 5.2 | 4:53  | 4.5 | 11:36 | -0.5 | 11:24 | 0.1  | 5:46                                                                                | 8:16 |    |
| 2    | Sun | 4:59  | 5.1 | 5:36  | 4.5 |       |      | 12:17 | -0.5 | 5:47                                                                                | 8:14 |    |
| 3    | Mon | 5:35  | 5.0 | 6:17  | 4.5 | 12:05 | 0.2  | 12:54 | -0.4 | 5:48                                                                                | 8:13 |    |
| 4    | Tue | 6:08  | 4.9 | 6:56  | 4.5 | 12:44 | 0.3  | 1:29  | -0.3 | 5:49                                                                                | 8:12 |    |
| 5    | Wed | 6:37  | 4.8 | 7:32  | 4.5 | 1:22  | 0.3  | 2:00  | -0.2 | 5:50                                                                                | 8:11 |    |
| 6    | Thu | 6:59  | 4.7 | 8:03  | 4.6 | 2:01  | 0.4  | 2:28  | -0.2 | 5:51                                                                                | 8:09 |    |
| 7    | Fri | 7:29  | 4.5 | 8:26  | 4.7 | 2:41  | 0.5  | 2:53  | -0.1 | 5:52                                                                                | 8:08 |    |
| 8    | Sat | 8:09  | 4.3 | 8:54  | 4.9 | 3:27  | 0.6  | 3:19  | 0.0  | 5:53                                                                                | 8:07 |    |
| 9    | Sun | 8:56  | 4.1 | 9:34  | 4.9 | 4:23  | 0.7  | 3:53  | 0.1  | 5:54                                                                                | 8:06 |    |
| 10   | Mon | 9:51  | 3.8 | 10:25 | 4.9 | 5:30  | 0.8  | 4:40  | 0.2  | 5:55                                                                                | 8:04 |    |
| 11   | Tue | 11:06 | 3.5 | 11:28 | 4.9 | 6:41  | 0.8  | 5:44  | 0.4  | 5:57                                                                                | 8:03 |    |
| 12   | Wed |       |     | 12:45 | 3.4 | 7:49  | 0.7  | 7:11  | 0.5  | 5:58                                                                                | 8:01 |   |
| 13   | Thu | 12:46 | 4.9 | 1:55  | 3.5 | 8:51  | 0.4  | 8:29  | 0.4  | 5:59                                                                                | 8:00 |  |
| 14   | Fri | 1:59  | 5.0 | 2:54  | 3.8 | 9:48  | 0.1  | 9:35  | 0.2  | 6:00                                                                                | 7:59 |  |
| 15   | Sat | 3:00  | 5.2 | 3:46  | 4.1 | 10:40 | -0.3 | 10:34 | -0.1 | 6:01                                                                                | 7:57 |  |
| 16   | Sun | 3:54  | 5.4 | 4:35  | 4.4 | 11:29 | -0.6 | 11:29 | -0.3 | 6:02                                                                                | 7:56 |  |
| 17   | Mon | 4:44  | 5.5 | 5:23  | 4.6 |       |      | 12:15 | -0.8 | 6:03                                                                                | 7:54 |  |
| 18   | Tue | 5:35  | 5.5 | 6:12  | 4.8 | 12:21 | -0.5 | 1:01  | -0.9 | 6:04                                                                                | 7:53 |  |
| 19   | Wed | 6:26  | 5.4 | 7:03  | 5.0 | 1:13  | -0.6 | 1:45  | -0.9 | 6:05                                                                                | 7:51 |  |
| 20   | Thu | 7:20  | 5.2 | 7:55  | 5.1 | 2:06  | -0.5 | 2:30  | -0.8 | 6:06                                                                                | 7:50 |  |
| 21   | Fri | 8:16  | 5.0 | 8:49  | 5.1 | 2:59  | -0.4 | 3:15  | -0.7 | 6:07                                                                                | 7:48 |  |
| 22   | Sat | 9:13  | 4.7 | 9:43  | 5.1 | 3:55  | -0.3 | 4:02  | -0.5 | 6:08                                                                                | 7:46 |  |
| 23   | Sun | 10:11 | 4.5 | 10:40 | 5.0 | 4:53  | -0.1 | 4:53  | -0.3 | 6:09                                                                                | 7:45 |  |
| 24   | Mon | 11:11 | 4.3 | 11:37 | 4.9 | 5:53  | 0.0  | 5:47  | 0.0  | 6:10                                                                                | 7:43 |  |
| 25   | Tue |       |     | 12:10 | 4.2 | 6:53  | 0.1  | 6:43  | 0.1  | 6:12                                                                                | 7:42 |  |
| 26   | Wed | 12:36 | 4.9 | 1:10  | 4.2 | 7:51  | 0.0  | 7:41  | 0.2  | 6:13                                                                                | 7:40 |  |
| 27   | Thu | 1:34  | 4.8 | 2:06  | 4.2 | 8:47  | -0.1 | 8:36  | 0.2  | 6:14                                                                                | 7:38 |  |
| 28   | Fri | 2:27  | 4.9 | 2:58  | 4.4 | 9:38  | -0.3 | 9:28  | 0.2  | 6:15                                                                                | 7:37 |  |
| 29   | Sat | 3:15  | 5.0 | 3:46  | 4.5 | 10:24 | -0.4 | 10:17 | 0.1  | 6:16                                                                                | 7:35 |  |
| 30   | Sun | 3:58  | 5.0 | 4:30  | 4.6 | 11:06 | -0.5 | 11:01 | 0.1  | 6:17                                                                                | 7:33 |  |
| 31   | Mon | 4:37  | 5.0 | 5:10  | 4.7 | 11:44 | -0.4 | 11:43 | 0.1  | 6:18                                                                                | 7:32 |  |