

Albany, NY - Mar 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:05	5.8	7:43	5.4	1:45	0.1	2:26	0.1	6:31	5:43	
2	Tue	8:01	5.7	8:43	5.2	2:33	0.3	3:24	0.3	6:29	5:44	
3	Wed	9:01	5.6	9:44	5.0	3:25	0.5	4:23	0.5	6:27	5:46	
4	Thu	10:02	5.4	10:44	5.0	4:22	0.7	5:24	0.6	6:26	5:47	
5	Fri	11:05	5.3	11:45	5.0	5:22	0.8	6:23	0.6	6:24	5:48	
6	Sat			12:08	5.3	6:22	0.9	7:20	0.5	6:22	5:49	
7	Sun	12:43	5.1	1:05	5.3	7:20	0.8	8:13	0.4	6:21	5:51	
8	Mon	1:36	5.3	1:57	5.4	8:14	0.7	9:02	0.3	6:19	5:52	
9	Tue	2:25	5.5	2:43	5.5	9:04	0.6	9:45	0.3	6:17	5:53	
10	Wed	3:10	5.6	3:25	5.5	9:51	0.6	10:25	0.3	6:16	5:54	
11	Thu	3:51	5.7	4:03	5.5	10:34	0.6	11:02	0.4	6:14	5:55	
12	Fri	4:30	5.7	4:40	5.4	11:15	0.6	11:36	0.6	6:12	5:57	
13	Sat	5:04	5.7	5:16	5.2	11:55	0.7			6:11	5:58	
14	Sun	5:34	5.8	5:48	5.1	12:06	0.7	12:35	0.8	6:09	5:59	
15	Mon	5:55	5.8	6:18	4.9	12:34	0.8	1:16	0.9	6:07	6:00	
16	Tue	6:13	5.9	6:49	4.8	12:59	0.9	1:59	1.0	6:05	6:01	
17	Wed	6:46	6.0	7:32	4.7	1:29	1.0	2:47	1.1	6:04	6:02	
18	Thu	7:29	6.0	8:28	4.6	2:08	1.1	3:42	1.3	6:02	6:04	
19	Fri	8:20	5.9	9:45	4.6	2:58	1.2	4:44	1.3	6:00	6:05	
20	Sat	9:19	5.7	10:59	4.7	4:06	1.4	5:47	1.3	5:58	6:06	
21	Sun	10:37	5.6			5:28	1.4	6:48	1.2	5:57	6:07	
22	Mon	12:04	4.9	12:04	5.6	6:43	1.2	7:44	1.0	5:55	6:08	
23	Tue	1:02	5.2	1:11	5.8	7:49	1.0	8:37	0.7	5:53	6:09	
24	Wed	1:53	5.5	2:08	6.0	8:49	0.7	9:27	0.5	5:51	6:11	
25	Thu	2:40	5.9	2:59	6.1	9:45	0.4	10:14	0.4	5:50	6:12	
26	Fri	3:25	6.2	3:48	6.1	10:38	0.2	10:59	0.3	5:48	6:13	
27	Sat	4:10	6.4	4:37	6.0	11:30	0.1	11:44	0.4	5:46	6:14	
28	Sun	4:55	6.4	5:29	5.9			12:22	0.2	5:44	6:15	
29	Mon	5:43	6.4	6:25	5.7	12:29	0.5	1:14	0.3	5:43	6:16	
30	Tue	6:35	6.2	7:23	5.5	1:16	0.7	2:08	0.5	5:41	6:17	
31	Wed	7:32	6.0	8:23	5.4	2:05	0.9	3:04	0.7	5:39	6:19	