

Albany, NY - Mar 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:01	5.6	5:15	5.4	11:52	0.4			6:29	5:44	
2	Thu	5:41	5.6	5:57	5.2	12:15	0.3	12:34	0.5	6:28	5:45	
3	Fri	6:20	5.5	6:40	5.0	12:49	0.5	1:15	0.7	6:26	5:47	
4	Sat	6:56	5.5	7:24	4.8	1:19	0.7	1:57	0.8	6:25	5:48	
5	Sun	7:27	5.5	8:12	4.7	1:45	0.9	2:42	1.0	6:23	5:49	
6	Mon	7:50	5.5	9:03	4.5	2:13	1.0	3:31	1.1	6:21	5:50	
7	Tue	8:23	5.4	10:00	4.4	2:51	1.1	4:27	1.2	6:19	5:51	
8	Wed	9:11	5.3	10:58	4.4	3:44	1.3	5:27	1.3	6:18	5:53	
9	Thu	10:23	5.3	11:56	4.5	4:53	1.4	6:26	1.2	6:16	5:54	
10	Fri	11:46	5.3			6:08	1.3	7:23	1.1	6:14	5:55	
11	Sat	12:50	4.7	12:50	5.4	7:16	1.2	8:15	0.9	6:13	5:56	
12	Sun	1:39	5.0	1:44	5.6	8:17	0.9	9:04	0.7	6:11	5:57	
13	Mon	2:23	5.3	2:31	5.7	9:13	0.6	9:50	0.5	6:09	5:59	
14	Tue	3:04	5.6	3:16	5.8	10:06	0.4	10:35	0.4	6:07	6:00	
15	Wed	3:43	5.9	4:01	5.9	10:58	0.3	11:18	0.3	6:06	6:01	
16	Thu	4:22	6.1	4:49	5.8	11:49	0.2			6:04	6:02	
17	Fri	5:04	6.2	5:40	5.7	12:02	0.4	12:40	0.2	6:02	6:03	
18	Sat	5:50	6.2	6:38	5.5	12:47	0.5	1:34	0.3	6:00	6:04	
19	Sun	6:43	6.1	7:39	5.4	1:34	0.6	2:29	0.5	5:59	6:06	
20	Mon	7:44	6.0	8:43	5.3	2:26	0.7	3:28	0.6	5:57	6:07	
21	Tue	8:52	5.8	9:46	5.2	3:24	0.9	4:28	0.7	5:55	6:08	
22	Wed	10:01	5.6	10:49	5.3	4:26	1.0	5:28	0.7	5:53	6:09	
23	Thu	11:09	5.5	11:50	5.4	5:29	1.0	6:27	0.7	5:52	6:10	
24	Fri			12:12	5.6	6:31	0.9	7:23	0.6	5:50	6:11	
25	Sat	12:47	5.6	1:10	5.7	7:30	0.8	8:15	0.4	5:48	6:13	
26	Sun	1:40	5.9	2:01	5.8	8:25	0.7	9:02	0.3	5:46	6:14	
27	Mon	2:28	6.1	2:47	5.8	9:16	0.6	9:46	0.3	5:45	6:15	
28	Tue	3:13	6.2	3:30	5.8	10:03	0.5	10:26	0.4	5:43	6:16	
29	Wed	3:53	6.3	4:10	5.7	10:47	0.6	11:03	0.6	5:41	6:17	
30	Thu	4:31	6.3	4:50	5.5	11:30	0.7	11:37	0.8	5:39	6:18	
31	Fri	5:07	6.2	5:30	5.4			12:10	0.8	5:38	6:19	