

Albany, NY - Jan 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:53	4.8	9:15	4.5	3:38	0.3	4:36	0.8	7:25	4:32	
2	Wed	9:47	4.9	10:33	4.3	4:27	0.4	5:45	0.8	7:25	4:32	
3	Thu	10:52	5.0	11:51	4.3	5:28	0.4	6:51	0.7	7:25	4:33	
4	Fri			12:02	5.1	6:35	0.4	7:53	0.5	7:25	4:34	
5	Sat	12:56	4.3	1:04	5.3	7:40	0.3	8:52	0.2	7:25	4:35	
6	Sun	1:53	4.4	3:01	5.4	9:41	0.1	10:46	-0.1	8:25	5:36	
7	Mon	3:47	4.6	3:54	5.6	10:38	-0.1	11:38	-0.3	8:24	5:37	
8	Tue	4:38	4.8	4:46	5.7	11:33	-0.2			8:24	5:38	
9	Wed	5:29	4.9	5:39	5.6	12:28	-0.5	12:26	-0.4	8:24	5:39	
10	Thu	6:22	5.0	6:35	5.6	1:17	-0.6	1:18	-0.4	8:24	5:40	
11	Fri	7:17	5.0	7:32	5.5	2:05	-0.6	2:11	-0.4	8:24	5:41	
12	Sat	8:12	5.1	8:31	5.3	2:53	-0.6	3:04	-0.3	8:23	5:43	
13	Sun	9:08	5.2	9:29	5.2	3:42	-0.5	4:00	-0.2	8:23	5:44	
14	Mon	10:03	5.2	10:26	5.0	4:31	-0.4	4:57	0.0	8:22	5:45	
15	Tue	10:58	5.3	11:23	4.8	5:21	-0.2	5:55	0.1	8:22	5:46	
16	Wed	11:53	5.2			6:12	-0.1	6:53	0.2	8:21	5:47	
17	Thu	12:20	4.7	12:47	5.2	7:04	0.0	7:51	0.2	8:21	5:48	
18	Fri	1:16	4.7	1:41	5.2	7:56	0.1	8:46	0.1	8:20	5:50	
19	Sat	2:10	4.7	2:31	5.3	8:47	0.2	9:38	0.0	8:20	5:51	
20	Sun	3:01	4.7	3:18	5.3	9:36	0.2	10:26	-0.1	8:19	5:52	
21	Mon	3:48	4.7	4:01	5.3	10:22	0.2	11:10	-0.1	8:18	5:53	
22	Tue	4:32	4.7	4:41	5.3	11:06	0.2	11:51	-0.1	8:18	5:55	
23	Wed	5:14	4.7	5:17	5.3	11:48	0.2			8:17	5:56	
24	Thu	5:53	4.7	5:51	5.2	12:30	0.0	12:28	0.2	8:16	5:57	
25	Fri	6:28	4.7	6:19	5.1	1:06	0.0	1:08	0.3	8:15	5:58	
26	Sat	6:59	4.8	6:44	5.1	1:41	0.1	1:49	0.3	8:15	6:00	
27	Sun	7:19	4.9	7:18	5.0	2:13	0.1	2:32	0.4	8:14	6:01	
28	Mon	7:44	5.0	8:01	4.9	2:44	0.1	3:19	0.5	8:13	6:02	
29	Tue	8:23	5.2	8:52	4.8	3:18	0.2	4:13	0.6	8:12	6:04	
30	Wed	9:10	5.3	9:52	4.6	3:57	0.3	5:15	0.7	8:11	6:05	
31	Thu	10:03	5.3	11:10	4.4	4:48	0.4	6:22	0.8	8:10	6:06	