

Albany, NY - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:35	5.9	3:02	4.8	9:45	-0.1	9:44	0.1	5:20	8:36	
2	Tue	3:22	5.9	3:51	4.8	10:35	-0.2	10:31	0.2	5:21	8:36	
3	Wed	4:06	5.8	4:37	4.8	11:21	-0.2	11:15	0.3	5:21	8:36	
4	Thu	4:47	5.7	5:22	4.8			12:05	-0.2	5:22	8:36	
5	Fri	5:25	5.6	6:05	4.7			12:45	-0.2	5:23	8:35	
6	Sat	6:01	5.5	6:48	4.6	12:37	0.5	1:23	-0.1	5:23	8:35	
7	Sun	6:34	5.3	7:29	4.6	1:15	0.6	1:59	0.0	5:24	8:35	
8	Mon	7:02	5.2	8:08	4.6	1:53	0.7	2:32	0.1	5:24	8:34	
9	Tue	7:27	5.1	8:43	4.7	2:33	0.7	3:03	0.1	5:25	8:34	
10	Wed	8:04	4.9	9:10	4.8	3:18	0.8	3:32	0.1	5:26	8:34	
11	Thu	8:48	4.7	9:38	4.9	4:10	0.9	4:04	0.2	5:27	8:33	
12	Fri	9:41	4.4	10:21	5.0	5:13	1.0	4:45	0.3	5:27	8:33	
13	Sat	10:48	4.1	11:17	5.1	6:21	1.0	5:38	0.4	5:28	8:32	
14	Sun			12:19	4.0	7:27	0.8	6:47	0.4	5:29	8:31	
15	Mon	12:26	5.1	1:31	3.9	8:30	0.6	8:01	0.4	5:30	8:31	
16	Tue	1:34	5.2	2:31	4.1	9:29	0.3	9:08	0.3	5:31	8:30	
17	Wed	2:33	5.4	3:25	4.3	10:24	0.0	10:09	0.1	5:32	8:30	
18	Thu	3:27	5.6	4:16	4.5	11:15	-0.4	11:05	-0.1	5:32	8:29	
19	Fri	4:18	5.7	5:06	4.6			12:05	-0.6	5:33	8:28	
20	Sat	5:09	5.7	5:57	4.8			12:52	-0.8	5:34	8:27	
21	Sun	6:02	5.6	6:50	4.9	12:52	-0.3	1:39	-0.8	5:35	8:26	
22	Mon	6:57	5.5	7:45	5.1	1:45	-0.4	2:26	-0.9	5:36	8:26	
23	Tue	7:56	5.3	8:40	5.2	2:39	-0.3	3:14	-0.8	5:37	8:25	
24	Wed	8:55	5.1	9:36	5.2	3:34	-0.2	4:02	-0.7	5:38	8:24	
25	Thu	9:54	4.9	10:31	5.3	4:31	-0.1	4:52	-0.6	5:39	8:23	
26	Fri	10:52	4.6	11:27	5.3	5:31	0.0	5:44	-0.4	5:40	8:22	
27	Sat	11:51	4.5			6:30	0.0	6:38	-0.2	5:41	8:21	
28	Sun	12:23	5.2	12:50	4.4	7:29	0.0	7:32	-0.1	5:42	8:20	
29	Mon	1:18	5.2	1:47	4.3	8:27	-0.1	8:25	-0.1	5:43	8:19	
30	Tue	2:11	5.3	2:41	4.4	9:20	-0.3	9:17	0.0	5:44	8:18	
31	Wed	3:00	5.3	3:30	4.5	10:10	-0.4	10:05	0.0	5:45	8:17	