

Albany, NY - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:32	5.0	6:38	5.5	1:25	-0.5	1:28	-0.3	7:25	4:31	
2	Thu	7:28	5.1	7:41	5.4	2:14	-0.5	2:23	-0.2	7:25	4:32	
3	Fri	8:25	5.2	8:44	5.2	3:04	-0.4	3:21	-0.2	7:25	4:33	
4	Sat	9:23	5.3	9:45	5.1	3:55	-0.4	4:21	-0.1	7:25	4:34	
5	Sun	10:20	5.3	10:45	5.0	4:49	-0.3	5:22	0.0	7:25	4:35	
6	Mon	11:18	5.4	11:45	4.9	5:43	-0.3	6:23	0.0	7:25	4:36	
7	Tue			12:15	5.4	6:38	-0.2	7:22	-0.1	7:25	4:37	
8	Wed	12:43	4.8	1:09	5.5	7:33	-0.2	8:19	-0.2	7:24	4:38	
9	Thu	1:37	4.9	2:00	5.5	8:25	-0.2	9:12	-0.3	7:24	4:39	
10	Fri	2:28	4.9	2:47	5.5	9:15	-0.2	10:01	-0.3	7:24	4:40	
11	Sat	3:16	4.9	3:31	5.4	10:02	-0.1	10:46	-0.3	7:24	4:41	
12	Sun	4:02	4.9	4:13	5.4	10:46	0.0	11:29	-0.2	7:23	4:42	
13	Mon	4:46	4.8	4:54	5.3	11:28	0.1			7:23	4:43	
14	Tue	5:30	4.7	5:33	5.1	12:09	-0.1	12:09	0.3	7:22	4:45	
15	Wed	6:12	4.6	6:12	5.0	12:46	0.0	12:48	0.4	7:22	4:46	
16	Thu	6:53	4.6	6:50	4.9	1:21	0.1	1:28	0.5	7:22	4:47	
17	Fri	7:32	4.6	7:26	4.8	1:54	0.2	2:11	0.6	7:21	4:48	
18	Sat	8:05	4.7	8:05	4.6	2:25	0.3	2:58	0.7	7:21	4:49	
19	Sun	8:28	4.8	8:56	4.4	2:56	0.3	3:53	0.8	7:20	4:50	
20	Mon	9:00	4.8	10:03	4.3	3:35	0.4	4:56	0.8	7:19	4:52	
21	Tue	9:51	4.9	11:11	4.2	4:26	0.5	6:00	0.8	7:19	4:53	
22	Wed	10:59	4.9			5:30	0.5	7:02	0.7	7:18	4:54	
23	Thu	12:14	4.2	12:11	5.0	6:40	0.5	8:01	0.5	7:17	4:55	
24	Fri	1:11	4.3	1:12	5.2	7:45	0.4	8:56	0.2	7:16	4:57	
25	Sat	2:03	4.5	2:06	5.4	8:45	0.2	9:48	0.0	7:16	4:58	
26	Sun	2:52	4.7	2:56	5.6	9:42	0.0	10:38	-0.3	7:15	4:59	
27	Mon	3:39	4.9	3:45	5.7	10:35	-0.2	11:26	-0.4	7:14	5:01	
28	Tue	4:27	5.1	4:35	5.7	11:28	-0.4			7:13	5:02	
29	Wed	5:16	5.2	5:29	5.6	12:13	-0.5	12:20	-0.4	7:12	5:03	
30	Thu	6:08	5.3	6:26	5.5	1:00	-0.5	1:12	-0.4	7:11	5:05	
31	Fri	7:03	5.4	7:26	5.4	1:47	-0.5	2:07	-0.3	7:10	5:06	