

Albany, NY - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:35	5.9	8:06	5.5	2:19	-0.1	2:48	-0.1	7:31	6:43	
2	Sun	8:30	5.8	9:05	5.3	3:07	0.1	3:43	0.1	7:29	6:45	
3	Mon	9:27	5.7	10:04	5.2	3:57	0.3	4:40	0.3	7:27	6:46	
4	Tue	10:25	5.6	11:03	5.1	4:50	0.5	5:38	0.5	7:26	6:47	
5	Wed	11:24	5.5			5:46	0.6	6:36	0.5	7:24	6:48	
6	Thu	12:02	5.1	12:23	5.4	6:43	0.7	7:33	0.6	7:22	6:49	
7	Fri	1:00	5.2	1:21	5.4	7:40	0.7	8:27	0.5	7:21	6:51	
8	Sat	1:55	5.3	2:14	5.5	8:34	0.7	9:17	0.4	7:19	6:52	
9	Sun	2:46	5.4	3:03	5.6	9:26	0.6	10:03	0.3	7:17	6:53	
10	Mon	3:33	5.6	3:48	5.6	10:14	0.5	10:46	0.3	7:16	6:54	
11	Tue	4:16	5.7	4:29	5.6	10:59	0.5	11:25	0.4	7:14	6:55	
12	Wed	4:55	5.7	5:08	5.6	11:42	0.5			7:12	6:57	
13	Thu	5:31	5.7	5:45	5.5	12:01	0.5	12:24	0.5	7:10	6:58	
14	Fri	6:02	5.8	6:20	5.4	12:35	0.6	1:05	0.6	7:09	6:59	
15	Sat	6:23	5.8	6:52	5.2	1:06	0.7	1:47	0.7	7:07	7:00	
16	Sun	6:35	5.9	7:23	5.2	1:36	0.7	2:29	0.8	7:05	7:01	
17	Mon	7:05	6.0	8:00	5.1	2:06	0.8	3:15	0.9	7:04	7:02	
18	Tue	7:47	6.1	8:50	5.0	2:42	0.9	4:06	1.0	7:02	7:04	
19	Wed	8:36	6.0	9:55	5.0	3:27	1.0	5:03	1.1	7:00	7:05	
20	Thu	9:30	5.9	11:08	5.0	4:24	1.1	6:04	1.2	6:58	7:06	
21	Fri	10:34	5.7			5:38	1.2	7:05	1.1	6:57	7:07	
22	Sat	12:16	5.1	12:00	5.6	6:56	1.2	8:04	0.9	6:55	7:08	
23	Sun	1:18	5.3	1:24	5.7	8:06	1.0	9:00	0.7	6:53	7:09	
24	Mon	2:15	5.6	2:28	5.9	9:09	0.7	9:53	0.5	6:51	7:11	
25	Tue	3:06	6.0	3:23	6.0	10:07	0.4	10:43	0.3	6:49	7:12	
26	Wed	3:55	6.2	4:14	6.1	11:02	0.2	11:31	0.2	6:48	7:13	
27	Thu	4:42	6.4	5:05	6.1	11:55	0.1			6:46	7:14	
28	Fri	5:28	6.5	5:55	6.0	12:18	0.2	12:46	0.1	6:44	7:15	
29	Sat	6:16	6.5	6:49	5.8	1:04	0.3	1:37	0.1	6:42	7:16	
30	Sun	7:06	6.4	7:45	5.7	1:51	0.5	2:29	0.3	6:41	7:17	
31	Mon	8:00	6.2	8:43	5.5	2:38	0.7	3:22	0.5	6:39	7:19	