

Albany, NY - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:10	5.2	2:34	5.9	9:11	-0.3	9:55	-0.3	7:04	4:22	
2	Tue	3:02	5.2	3:22	5.9	10:02	-0.3	10:47	-0.4	7:06	4:22	
3	Wed	3:52	5.1	4:09	5.9	10:51	-0.3	11:37	-0.3	7:07	4:22	
4	Thu	4:43	5.0	4:58	5.7	11:39	-0.1			7:08	4:22	
5	Fri	5:35	4.9	5:47	5.5	12:25	-0.2	12:26	0.0	7:09	4:21	
6	Sat	6:28	4.8	6:39	5.3	1:13	-0.1	1:13	0.2	7:10	4:21	
7	Sun	7:22	4.7	7:33	5.2	2:00	0.1	2:01	0.4	7:11	4:21	
8	Mon	8:16	4.7	8:26	5.0	2:46	0.2	2:51	0.6	7:12	4:21	
9	Tue	9:09	4.7	9:20	4.9	3:32	0.3	3:43	0.7	7:12	4:21	
10	Wed	10:01	4.7	10:14	4.7	4:18	0.4	4:37	0.8	7:13	4:21	
11	Thu	10:53	4.8	11:09	4.6	5:04	0.5	5:34	0.8	7:14	4:21	
12	Fri	11:44	4.9			5:51	0.5	6:31	0.8	7:15	4:21	
13	Sat	12:04	4.5	12:34	5.0	6:38	0.5	7:26	0.6	7:16	4:21	
14	Sun	12:56	4.5	1:20	5.1	7:25	0.5	8:20	0.4	7:17	4:21	
15	Mon	1:46	4.5	2:03	5.2	8:12	0.4	9:11	0.2	7:17	4:22	
16	Tue	2:32	4.5	2:41	5.3	8:58	0.3	9:59	0.1	7:18	4:22	
17	Wed	3:15	4.5	3:14	5.4	9:43	0.3	10:45	0.0	7:19	4:22	
18	Thu	3:55	4.5	3:43	5.5	10:28	0.2	11:30	-0.1	7:19	4:23	
19	Fri	4:35	4.5	4:12	5.6	11:14	0.1			7:20	4:23	
20	Sat	5:15	4.6	4:50	5.6	12:14	-0.1	12:00	0.1	7:21	4:23	
21	Sun	5:58	4.7	5:36	5.6	12:59	-0.1	12:48	0.1	7:21	4:24	
22	Mon	6:47	4.8	6:30	5.5	1:44	-0.2	1:39	0.1	7:22	4:24	
23	Tue	7:40	4.9	7:32	5.4	2:31	-0.2	2:34	0.1	7:22	4:25	
24	Wed	8:35	5.0	8:40	5.2	3:20	-0.2	3:34	0.1	7:23	4:25	
25	Thu	9:33	5.2	9:49	5.1	4:12	-0.2	4:36	0.2	7:23	4:26	
26	Fri	10:32	5.3	10:55	4.9	5:06	-0.2	5:40	0.2	7:23	4:27	
27	Sat	11:31	5.4	11:58	4.9	6:02	-0.2	6:43	0.1	7:24	4:27	
28	Sun			12:29	5.5	6:59	-0.2	7:44	-0.1	7:24	4:28	
29	Mon	12:58	4.9	1:24	5.6	7:54	-0.3	8:42	-0.2	7:24	4:29	
30	Tue	1:54	4.9	2:16	5.7	8:49	-0.3	9:36	-0.4	7:24	4:29	
31	Wed	2:46	5.0	3:06	5.7	9:41	-0.4	10:29	-0.5	7:25	4:30	