

## Albany, NY - May 1976

| Date |     | High  |     |       |     | Low   |     |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft  | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 5:51  | 6.4 | 6:52  | 5.4 | 12:39 | 1.2 | 1:39  | 0.8 | 5:48                                                                                | 7:55 |    |
| 2    | Sun | 6:06  | 6.5 | 7:31  | 5.3 | 1:11  | 1.2 | 2:21  | 0.9 | 5:47                                                                                | 7:56 |    |
| 3    | Mon | 6:40  | 6.5 | 8:12  | 5.3 | 1:47  | 1.3 | 3:04  | 1.0 | 5:46                                                                                | 7:57 |    |
| 4    | Tue | 7:24  | 6.5 | 8:58  | 5.3 | 2:28  | 1.3 | 3:50  | 1.1 | 5:44                                                                                | 7:58 |    |
| 5    | Wed | 8:14  | 6.4 | 9:51  | 5.4 | 3:17  | 1.4 | 4:40  | 1.1 | 5:43                                                                                | 7:59 |    |
| 6    | Thu | 9:08  | 6.2 | 10:50 | 5.5 | 4:18  | 1.5 | 5:33  | 1.1 | 5:42                                                                                | 8:00 |    |
| 7    | Fri | 10:11 | 5.9 | 11:51 | 5.7 | 5:29  | 1.5 | 6:30  | 1.1 | 5:41                                                                                | 8:01 |    |
| 8    | Sat | 11:31 | 5.7 |       |     | 6:42  | 1.5 | 7:26  | 1.0 | 5:39                                                                                | 8:02 |    |
| 9    | Sun | 12:49 | 5.9 | 12:55 | 5.7 | 7:50  | 1.3 | 8:22  | 0.9 | 5:38                                                                                | 8:04 |    |
| 10   | Mon | 1:45  | 6.2 | 2:02  | 5.7 | 8:53  | 1.0 | 9:16  | 0.7 | 5:37                                                                                | 8:05 |    |
| 11   | Tue | 2:37  | 6.5 | 3:00  | 5.8 | 9:52  | 0.7 | 10:08 | 0.6 | 5:36                                                                                | 8:06 |    |
| 12   | Wed | 3:26  | 6.7 | 3:53  | 5.8 | 10:48 | 0.4 | 10:59 | 0.5 | 5:35                                                                                | 8:07 |   |
| 13   | Thu | 4:13  | 6.8 | 4:45  | 5.8 | 11:42 | 0.3 | 11:49 | 0.5 | 5:34                                                                                | 8:08 |  |
| 14   | Fri | 5:00  | 6.8 | 5:37  | 5.8 |       |     | 12:34 | 0.2 | 5:33                                                                                | 8:09 |  |
| 15   | Sat | 5:49  | 6.7 | 6:32  | 5.7 | 12:38 | 0.6 | 1:25  | 0.2 | 5:32                                                                                | 8:10 |  |
| 16   | Sun | 6:41  | 6.5 | 7:29  | 5.6 | 1:28  | 0.7 | 2:15  | 0.3 | 5:31                                                                                | 8:11 |  |
| 17   | Mon | 7:37  | 6.3 | 8:28  | 5.5 | 2:19  | 0.9 | 3:06  | 0.4 | 5:30                                                                                | 8:12 |  |
| 18   | Tue | 8:35  | 6.0 | 9:26  | 5.5 | 3:11  | 1.0 | 3:58  | 0.5 | 5:29                                                                                | 8:13 |  |
| 19   | Wed | 9:35  | 5.8 | 10:23 | 5.6 | 4:05  | 1.2 | 4:49  | 0.6 | 5:28                                                                                | 8:14 |  |
| 20   | Thu | 10:33 | 5.7 | 11:19 | 5.7 | 5:01  | 1.3 | 5:40  | 0.7 | 5:27                                                                                | 8:15 |  |
| 21   | Fri | 11:30 | 5.5 |       |     | 5:59  | 1.3 | 6:31  | 0.8 | 5:26                                                                                | 8:16 |  |
| 22   | Sat | 12:13 | 5.8 | 12:27 | 5.4 | 6:56  | 1.3 | 7:20  | 0.8 | 5:25                                                                                | 8:17 |  |
| 23   | Sun | 1:06  | 5.9 | 1:21  | 5.4 | 7:51  | 1.2 | 8:08  | 0.8 | 5:24                                                                                | 8:18 |  |
| 24   | Mon | 1:56  | 6.0 | 2:13  | 5.4 | 8:45  | 1.0 | 8:53  | 0.8 | 5:24                                                                                | 8:19 |  |
| 25   | Tue | 2:42  | 6.2 | 3:01  | 5.4 | 9:36  | 0.8 | 9:36  | 0.8 | 5:23                                                                                | 8:20 |  |
| 26   | Wed | 3:24  | 6.3 | 3:47  | 5.3 | 10:24 | 0.6 | 10:18 | 0.8 | 5:22                                                                                | 8:21 |  |
| 27   | Thu | 4:03  | 6.3 | 4:30  | 5.3 | 11:09 | 0.5 | 10:57 | 0.9 | 5:22                                                                                | 8:22 |  |
| 28   | Fri | 4:37  | 6.3 | 5:11  | 5.2 | 11:53 | 0.4 | 11:36 | 0.9 | 5:21                                                                                | 8:22 |  |
| 29   | Sat | 5:05  | 6.3 | 5:50  | 5.1 |       |     | 12:36 | 0.4 | 5:20                                                                                | 8:23 |  |
| 30   | Sun | 5:22  | 6.3 | 6:29  | 5.1 | 12:14 | 0.9 | 1:18  | 0.4 | 5:20                                                                                | 8:24 |  |
| 31   | Mon | 5:44  | 6.3 | 7:08  | 5.1 | 12:53 | 0.9 | 2:00  | 0.5 | 5:19                                                                                | 8:25 |  |