

Albany, NY - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:37	4.7			6:16	0.0	6:23	0.0	6:52	6:36	
2	Sat	12:00	5.2	12:38	4.8	7:13	-0.1	7:23	0.0	6:53	6:34	
3	Sun	1:00	5.2	1:35	5.0	8:09	-0.2	8:21	-0.1	6:54	6:33	
4	Mon	1:56	5.3	2:29	5.2	9:01	-0.3	9:16	-0.1	6:55	6:31	
5	Tue	2:48	5.3	3:18	5.3	9:49	-0.4	10:07	-0.2	6:57	6:29	
6	Wed	3:34	5.4	4:03	5.5	10:34	-0.4	10:55	-0.2	6:58	6:27	
7	Thu	4:18	5.4	4:44	5.5	11:15	-0.3	11:41	-0.1	6:59	6:26	
8	Fri	5:00	5.2	5:23	5.5	11:53	-0.2			7:00	6:24	
9	Sat	5:41	5.1	5:59	5.4	12:24	0.0	12:28	0.0	7:01	6:22	
10	Sun	6:22	4.9	6:31	5.3	1:06	0.1	1:00	0.1	7:02	6:21	
11	Mon	7:03	4.7	6:53	5.3	1:47	0.2	1:29	0.3	7:03	6:19	
12	Tue	7:45	4.5	7:04	5.3	2:29	0.4	1:56	0.3	7:05	6:17	
13	Wed	8:27	4.4	7:37	5.4	3:12	0.5	2:28	0.4	7:06	6:16	
14	Thu	9:13	4.3	8:21	5.4	3:58	0.6	3:09	0.5	7:07	6:14	
15	Fri	10:05	4.3	9:11	5.3	4:48	0.7	4:01	0.6	7:08	6:12	
16	Sat	11:02	4.3	10:09	5.1	5:43	0.7	5:06	0.7	7:09	6:11	
17	Sun			12:00	4.4	6:39	0.6	6:24	0.8	7:10	6:09	
18	Mon			12:57	4.6	7:35	0.5	7:37	0.7	7:12	6:08	
19	Tue	12:52	5.0	1:51	4.9	8:29	0.3	8:42	0.5	7:13	6:06	
20	Wed	1:58	5.1	2:40	5.2	9:21	0.1	9:42	0.2	7:14	6:04	
21	Thu	2:53	5.2	3:26	5.5	10:11	-0.1	10:39	0.0	7:15	6:03	
22	Fri	3:44	5.3	4:11	5.8	11:00	-0.2	11:32	-0.2	7:16	6:01	
23	Sat	4:33	5.4	4:55	5.9	11:48	-0.3			7:18	6:00	
24	Sun	5:23	5.3	5:42	6.0	12:25	-0.3	12:35	-0.3	7:19	5:58	
25	Mon	6:16	5.2	6:33	5.9	1:17	-0.3	1:24	-0.3	7:20	5:57	
26	Tue	7:14	5.0	7:30	5.8	2:10	-0.2	2:15	-0.2	7:21	5:56	
27	Wed	8:15	4.9	8:31	5.6	3:03	-0.2	3:08	0.0	7:23	5:54	
28	Thu	9:17	4.9	9:34	5.5	3:58	-0.1	4:03	0.1	7:24	5:53	
29	Fri	10:17	4.9	10:36	5.3	4:54	0.0	5:01	0.2	7:25	5:51	
30	Sat	11:17	5.0	11:36	5.3	5:49	0.1	6:00	0.3	7:26	5:50	
31	Sun	11:15	5.1	11:35	5.2	5:44	0.0	5:59	0.3	6:28	4:49	