

Albany, NY - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:00	5.0	12:30	5.3	6:48	0.1	7:24	0.3	7:05	4:22	
2	Thu	12:54	4.9	1:24	5.4	7:36	0.1	8:18	0.2	7:06	4:22	
3	Fri	1:42	4.9	2:06	5.5	8:24	0.1	9:06	0.1	7:07	4:22	
4	Sat	2:30	4.9	2:48	5.5	9:06	0.2	9:54	0.0	7:08	4:21	
5	Sun	3:12	4.9	3:24	5.5	9:42	0.2	10:36	-0.1	7:09	4:21	
6	Mon	3:54	4.8	4:00	5.5	10:24	0.2	11:18	0.0	7:10	4:21	
7	Tue	4:36	4.7	4:30	5.5	11:00	0.2			7:11	4:21	
8	Wed	5:12	4.6	4:42	5.5	12:00	0.0	11:42 AM	0.3	7:12	4:21	
9	Thu	5:54	4.6	5:12	5.5	12:42	0.0	12:18	0.3	7:13	4:21	
10	Fri	6:30	4.6	5:48	5.5	1:24	0.1	1:00	0.3	7:14	4:21	
11	Sat	7:06	4.7	6:36	5.5	2:06	0.1	1:48	0.3	7:15	4:21	
12	Sun	7:54	4.8	7:30	5.4	2:48	0.1	2:42	0.4	7:16	4:21	
13	Mon	8:42	4.9	8:30	5.2	3:36	0.2	3:42	0.5	7:16	4:21	
14	Tue	9:42	5.0	9:36	5.0	4:24	0.2	4:48	0.5	7:17	4:22	
15	Wed	10:42	5.1	10:54	4.9	5:24	0.1	5:54	0.5	7:18	4:22	
16	Thu	11:42	5.3			6:18	0.1	7:00	0.4	7:19	4:22	
17	Fri	12:06	4.8	12:42	5.5	7:18	0.0	8:06	0.1	7:19	4:22	
18	Sat	1:12	4.9	1:36	5.6	8:12	-0.1	9:00	-0.1	7:20	4:23	
19	Sun	2:06	4.9	2:30	5.8	9:06	-0.2	10:00	-0.3	7:20	4:23	
20	Mon	3:00	5.0	3:18	5.8	10:00	-0.3	10:48	-0.4	7:21	4:24	
21	Tue	3:54	5.0	4:06	5.8	10:54	-0.4	11:42	-0.5	7:22	4:24	
22	Wed	4:42	5.0	5:00	5.7	11:42	-0.3			7:22	4:25	
23	Thu	5:36	4.9	5:54	5.5	12:30	-0.4	12:36	-0.2	7:22	4:25	
24	Fri	6:36	4.8	6:48	5.3	1:18	-0.3	1:24	-0.1	7:23	4:26	
25	Sat	7:30	4.8	7:48	5.2	2:06	-0.2	2:18	0.1	7:23	4:26	
26	Sun	8:24	4.8	8:42	5.0	2:54	-0.1	3:12	0.2	7:24	4:27	
27	Mon	9:18	4.9	9:36	4.9	3:42	0.0	4:06	0.4	7:24	4:28	
28	Tue	10:12	4.9	10:30	4.7	4:30	0.1	5:00	0.5	7:24	4:29	
29	Wed	11:06	4.9	11:24	4.6	5:18	0.2	5:54	0.5	7:24	4:29	
30	Thu	11:54	5.0			6:06	0.3	6:54	0.4	7:24	4:30	
31	Fri	12:18	4.6	12:48	5.1	6:54	0.3	7:42	0.3	7:25	4:31	