

Albany, NY - Jan 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:12	4.7	1:36	5.2	7:42	0.2	8:36	0.1	7:25	4:32	
2	Sun	2:00	4.7	2:18	5.3	8:30	0.2	9:24	0.0	7:25	4:33	
3	Mon	2:48	4.7	3:00	5.3	9:12	0.1	10:12	-0.1	7:25	4:34	
4	Tue	3:30	4.7	3:30	5.4	10:00	0.1	10:54	-0.2	7:25	4:34	
5	Wed	4:12	4.6	4:00	5.4	10:42	0.1	11:36	-0.2	7:25	4:35	
6	Thu	4:48	4.6	4:24	5.4	11:24	0.0			7:25	4:36	
7	Fri	5:24	4.7	4:54	5.4	12:18	-0.2	12:06	0.0	7:24	4:37	
8	Sat	6:00	4.7	5:36	5.4	1:00	-0.1	12:48	0.0	7:24	4:38	
9	Sun	6:36	4.9	6:24	5.4	1:42	-0.1	1:36	0.1	7:24	4:40	
10	Mon	7:18	5.0	7:18	5.3	2:24	-0.1	2:30	0.2	7:24	4:41	
11	Tue	8:12	5.1	8:18	5.1	3:06	-0.1	3:30	0.3	7:23	4:42	
12	Wed	9:12	5.2	9:30	4.9	4:00	0.0	4:36	0.3	7:23	4:43	
13	Thu	10:12	5.2	10:42	4.7	4:54	0.0	5:42	0.3	7:23	4:44	
14	Fri	11:18	5.2	11:54	4.7	5:54	0.0	6:42	0.2	7:22	4:45	
15	Sat			12:18	5.3	6:54	0.0	7:48	0.0	7:22	4:46	
16	Sun	12:54	4.8	1:18	5.5	7:54	-0.1	8:48	-0.2	7:21	4:47	
17	Mon	1:54	4.9	2:18	5.6	8:54	-0.3	9:42	-0.4	7:21	4:49	
18	Tue	2:48	5.0	3:06	5.7	9:48	-0.4	10:30	-0.5	7:20	4:50	
19	Wed	3:42	5.0	3:54	5.7	10:36	-0.4	11:18	-0.5	7:20	4:51	
20	Thu	4:30	5.1	4:48	5.6	11:30	-0.4			7:19	4:52	
21	Fri	5:18	5.0	5:36	5.4	12:06	-0.5	12:18	-0.3	7:18	4:54	
22	Sat	6:12	5.0	6:24	5.3	12:54	-0.4	1:06	-0.1	7:18	4:55	
23	Sun	7:00	4.9	7:18	5.1	1:36	-0.2	1:54	0.1	7:17	4:56	
24	Mon	7:54	4.9	8:12	5.0	2:18	-0.1	2:42	0.3	7:16	4:57	
25	Tue	8:42	4.9	9:06	4.8	3:00	0.1	3:30	0.4	7:15	4:59	
26	Wed	9:36	4.9	10:00	4.7	3:48	0.3	4:24	0.6	7:14	5:00	
27	Thu	10:24	4.9	10:54	4.6	4:30	0.4	5:18	0.6	7:13	5:01	
28	Fri	11:18	4.9	11:48	4.5	5:18	0.5	6:18	0.6	7:12	5:03	
29	Sat			12:06	4.9	6:06	0.6	7:12	0.5	7:12	5:04	
30	Sun	12:42	4.5	1:00	5.0	7:00	0.6	8:06	0.4	7:11	5:05	
31	Mon	1:30	4.5	1:42	5.1	7:54	0.5	8:54	0.2	7:10	5:07	