

Albany, NY - Jul 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:42	6.1	5:23	5.0			12:19	-0.5	5:20	8:36	
2	Sat	5:33	6.0	6:17	5.0	12:21	-0.1	1:08	-0.6	5:21	8:36	
3	Sun	6:26	5.8	7:12	5.0	1:13	-0.1	1:57	-0.6	5:21	8:36	
4	Mon	7:22	5.6	8:08	5.0	2:05	0.0	2:45	-0.5	5:22	8:36	
5	Tue	8:19	5.4	9:04	5.1	2:57	0.1	3:33	-0.4	5:23	8:35	
6	Wed	9:15	5.2	9:59	5.1	3:50	0.2	4:21	-0.3	5:23	8:35	
7	Thu	10:11	5.0	10:52	5.2	4:45	0.4	5:09	-0.1	5:24	8:35	
8	Fri	11:07	4.8	11:45	5.2	5:42	0.5	5:57	0.0	5:25	8:34	
9	Sat			12:03	4.7	6:39	0.5	6:46	0.1	5:25	8:34	
10	Sun	12:38	5.2	12:59	4.6	7:35	0.4	7:35	0.2	5:26	8:33	
11	Mon	1:29	5.3	1:53	4.5	8:29	0.2	8:24	0.3	5:27	8:33	
12	Tue	2:18	5.4	2:44	4.5	9:21	0.1	9:12	0.3	5:28	8:32	
13	Wed	3:03	5.4	3:32	4.6	10:10	-0.1	9:57	0.2	5:28	8:32	
14	Thu	3:45	5.5	4:17	4.6	10:55	-0.3	10:41	0.2	5:29	8:31	
15	Fri	4:22	5.5	4:59	4.6	11:38	-0.4	11:24	0.2	5:30	8:31	
16	Sat	4:56	5.4	5:39	4.6			12:19	-0.4	5:31	8:30	
17	Sun	5:22	5.4	6:16	4.6	12:06	0.1	12:59	-0.4	5:32	8:29	
18	Mon	5:43	5.4	6:51	4.7	12:48	0.1	1:38	-0.4	5:33	8:29	
19	Tue	6:13	5.4	7:25	4.8	1:30	0.1	2:16	-0.4	5:34	8:28	
20	Wed	6:54	5.3	7:59	4.9	2:15	0.2	2:55	-0.3	5:35	8:27	
21	Thu	7:41	5.2	8:41	5.1	3:04	0.3	3:36	-0.3	5:35	8:26	
22	Fri	8:34	5.0	9:31	5.1	3:59	0.3	4:21	-0.2	5:36	8:25	
23	Sat	9:35	4.8	10:30	5.2	5:02	0.4	5:13	-0.1	5:37	8:24	
24	Sun	10:51	4.5	11:36	5.2	6:08	0.4	6:13	0.0	5:38	8:24	
25	Mon			12:12	4.3	7:15	0.3	7:17	0.0	5:39	8:23	
26	Tue	12:43	5.3	1:23	4.3	8:19	0.1	8:20	-0.1	5:40	8:22	
27	Wed	1:47	5.4	2:25	4.4	9:19	-0.2	9:21	-0.2	5:41	8:21	
28	Thu	2:45	5.5	3:22	4.6	10:15	-0.5	10:18	-0.4	5:42	8:20	
29	Fri	3:39	5.6	4:15	4.7	11:08	-0.7	11:12	-0.5	5:43	8:19	
30	Sat	4:30	5.6	5:06	4.8	11:57	-0.9			5:44	8:17	
31	Sun	5:20	5.6	5:57	4.9	12:04	-0.6	12:45	-0.9	5:45	8:16	