

Albany, NY - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:41	6.2	2:00	5.7	8:38	0.4	8:54	0.2	5:19	8:25	
2	Fri	2:32	6.4	2:52	5.7	9:33	0.2	9:42	0.2	5:19	8:26	
3	Sat	3:19	6.4	3:41	5.7	10:24	0.1	10:28	0.3	5:18	8:27	
4	Sun	4:02	6.4	4:27	5.6	11:12	0.0	11:11	0.5	5:18	8:28	
5	Mon	4:43	6.3	5:12	5.5	11:58	0.1	11:51	0.6	5:17	8:28	
6	Tue	5:21	6.2	5:57	5.3			12:41	0.2	5:17	8:29	
7	Wed	5:57	6.0	6:41	5.2	12:29	0.8	1:22	0.3	5:17	8:30	
8	Thu	6:29	5.9	7:26	5.1	1:05	1.0	2:03	0.4	5:17	8:30	
9	Fri	6:49	5.8	8:12	5.0	1:39	1.1	2:42	0.5	5:16	8:31	
10	Sat	7:08	5.7	8:57	5.0	2:14	1.1	3:21	0.6	5:16	8:31	
11	Sun	7:45	5.6	9:42	5.0	2:54	1.2	4:01	0.7	5:16	8:32	
12	Mon	8:31	5.5	10:27	5.1	3:42	1.3	4:42	0.7	5:16	8:33	
13	Tue	9:22	5.3	11:14	5.2	4:41	1.3	5:29	0.7	5:16	8:33	
14	Wed	10:20	5.0			5:51	1.4	6:20	0.8	5:16	8:33	
15	Thu	12:04	5.3	11:40 AM	4.8	7:01	1.3	7:16	0.7	5:16	8:34	
16	Fri	12:55	5.5	1:08	4.7	8:07	1.1	8:12	0.7	5:16	8:34	
17	Sat	1:46	5.7	2:11	4.7	9:08	0.8	9:09	0.6	5:16	8:35	
18	Sun	2:34	5.9	3:06	4.8	10:05	0.5	10:03	0.5	5:16	8:35	
19	Mon	3:20	6.1	3:58	4.9	10:59	0.2	10:57	0.3	5:16	8:35	
20	Tue	4:05	6.2	4:48	5.0	11:50	-0.1	11:49	0.2	5:16	8:36	
21	Wed	4:52	6.3	5:40	5.0			12:41	-0.2	5:17	8:36	
22	Thu	5:43	6.2	6:35	5.1	12:41	0.2	1:31	-0.3	5:17	8:36	
23	Fri	6:38	6.1	7:33	5.1	1:34	0.1	2:21	-0.4	5:17	8:36	
24	Sat	7:39	5.9	8:32	5.2	2:27	0.1	3:11	-0.4	5:17	8:36	
25	Sun	8:41	5.7	9:31	5.3	3:23	0.2	4:02	-0.4	5:18	8:36	
26	Mon	9:43	5.5	10:28	5.4	4:20	0.2	4:54	-0.3	5:18	8:36	
27	Tue	10:43	5.4	11:25	5.5	5:19	0.2	5:46	-0.2	5:18	8:37	
28	Wed	11:42	5.2			6:18	0.2	6:39	-0.2	5:19	8:37	
29	Thu	12:20	5.6	12:40	5.1	7:17	0.2	7:31	-0.1	5:19	8:36	
30	Fri	1:15	5.7	1:35	5.0	8:15	0.1	8:22	-0.1	5:20	8:36	