

Albany, NY - Sep 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:10	5.1	4:42	4.7	11:16	-0.5	11:16	-0.1	6:19	7:30	
2	Sat	4:47	5.1	5:20	4.8	11:55	-0.5	11:59	-0.1	6:20	7:28	
3	Sun	5:19	5.0	5:54	4.9			12:32	-0.5	6:21	7:26	
4	Mon	5:45	5.0	6:22	4.9	12:42	-0.1	1:08	-0.5	6:22	7:25	
5	Tue	6:09	4.9	6:44	5.1	1:25	-0.1	1:44	-0.4	6:23	7:23	
6	Wed	6:43	4.9	7:14	5.2	2:09	0.0	2:19	-0.3	6:24	7:21	
7	Thu	7:27	4.8	7:55	5.3	2:57	0.1	2:57	-0.2	6:26	7:19	
8	Fri	8:18	4.6	8:44	5.3	3:50	0.2	3:42	-0.1	6:27	7:18	
9	Sat	9:20	4.4	9:42	5.3	4:49	0.3	4:38	0.0	6:28	7:16	
10	Sun	10:40	4.3	10:54	5.1	5:53	0.4	5:45	0.1	6:29	7:14	
11	Mon			12:00	4.2	6:57	0.3	6:56	0.2	6:30	7:12	
12	Tue	12:15	5.1	1:08	4.3	7:59	0.1	8:03	0.0	6:31	7:11	
13	Wed	1:26	5.2	2:09	4.6	8:57	-0.2	9:05	-0.2	6:32	7:09	
14	Thu	2:28	5.3	3:05	4.8	9:52	-0.5	10:03	-0.4	6:33	7:07	
15	Fri	3:23	5.5	3:56	5.1	10:43	-0.7	10:57	-0.6	6:34	7:05	
16	Sat	4:14	5.6	4:45	5.3	11:31	-0.8	11:50	-0.7	6:35	7:04	
17	Sun	5:03	5.6	5:33	5.4			12:18	-0.9	6:36	7:02	
18	Mon	5:52	5.5	6:21	5.4	12:40	-0.6	1:02	-0.8	6:37	7:00	
19	Tue	6:42	5.3	7:10	5.3	1:30	-0.5	1:46	-0.6	6:38	6:58	
20	Wed	7:34	5.1	8:00	5.2	2:19	-0.3	2:30	-0.3	6:39	6:56	
21	Thu	8:28	4.9	8:51	5.1	3:09	-0.1	3:13	-0.1	6:41	6:55	
22	Fri	9:22	4.7	9:43	5.0	4:00	0.1	3:57	0.2	6:42	6:53	
23	Sat	10:18	4.5	10:36	4.9	4:53	0.3	4:45	0.4	6:43	6:51	
24	Sun	11:14	4.4	11:31	4.8	5:47	0.4	5:36	0.6	6:44	6:49	
25	Mon			12:10	4.4	6:41	0.4	6:31	0.6	6:45	6:47	
26	Tue	12:27	4.8	1:05	4.4	7:34	0.3	7:27	0.6	6:46	6:46	
27	Wed	1:21	4.8	1:58	4.6	8:25	0.2	8:22	0.5	6:47	6:44	
28	Thu	2:12	4.9	2:47	4.7	9:13	0.1	9:15	0.4	6:48	6:42	
29	Fri	2:59	5.0	3:31	4.9	9:58	-0.1	10:05	0.2	6:49	6:40	
30	Sat	3:41	5.1	4:11	5.1	10:41	-0.2	10:52	0.1	6:50	6:39	