

Albany, NY - Oct 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:19	5.1	4:47	5.2	11:21	-0.2	11:38	0.0	6:51	6:37	
2	Mon	4:53	5.1	5:18	5.3			12:00	-0.2	6:53	6:35	
3	Tue	5:24	5.0	5:44	5.4	12:24	0.0	12:38	-0.2	6:54	6:33	
4	Wed	5:55	5.0	6:10	5.6	1:09	0.0	1:16	-0.1	6:55	6:32	
5	Thu	6:32	4.9	6:46	5.7	1:56	0.1	1:57	-0.1	6:56	6:30	
6	Fri	7:19	4.8	7:32	5.7	2:45	0.1	2:41	0.0	6:57	6:28	
7	Sat	8:18	4.7	8:26	5.6	3:38	0.2	3:31	0.1	6:58	6:26	
8	Sun	9:28	4.6	9:31	5.5	4:35	0.3	4:30	0.2	6:59	6:25	
9	Mon	10:41	4.6	10:50	5.3	5:35	0.3	5:36	0.3	7:01	6:23	
10	Tue	11:49	4.6			6:36	0.2	6:42	0.3	7:02	6:21	
11	Wed	12:05	5.3	12:53	4.8	7:35	0.1	7:47	0.1	7:03	6:20	
12	Thu	1:12	5.4	1:52	5.0	8:32	-0.1	8:48	-0.1	7:04	6:18	
13	Fri	2:12	5.5	2:47	5.3	9:26	-0.4	9:45	-0.3	7:05	6:16	
14	Sat	3:06	5.6	3:37	5.6	10:16	-0.5	10:40	-0.5	7:06	6:15	
15	Sun	3:56	5.6	4:24	5.7	11:04	-0.6	11:31	-0.5	7:07	6:13	
16	Mon	4:44	5.6	5:10	5.7	11:50	-0.5			7:09	6:12	
17	Tue	5:32	5.5	5:55	5.7	12:21	-0.4	12:33	-0.4	7:10	6:10	
18	Wed	6:20	5.3	6:39	5.6	1:09	-0.3	1:15	-0.2	7:11	6:08	
19	Thu	7:09	5.1	7:25	5.4	1:56	-0.1	1:56	0.1	7:12	6:07	
20	Fri	8:01	4.9	8:12	5.2	2:43	0.1	2:37	0.3	7:13	6:05	
21	Sat	8:54	4.7	9:01	5.1	3:31	0.3	3:17	0.6	7:15	6:04	
22	Sun	9:47	4.6	9:53	5.0	4:20	0.5	4:01	0.7	7:16	6:02	
23	Mon	10:41	4.5	10:47	4.9	5:10	0.6	4:50	0.9	7:17	6:01	
24	Tue	11:36	4.5	11:43	4.8	6:01	0.6	5:47	1.0	7:18	5:59	
25	Wed			12:29	4.6	6:52	0.6	6:47	1.0	7:20	5:58	
26	Thu	12:39	4.8	1:22	4.7	7:42	0.5	7:46	0.9	7:21	5:56	
27	Fri	1:32	4.8	2:11	4.9	8:31	0.4	8:43	0.7	7:22	5:55	
28	Sat	2:22	4.9	2:55	5.1	9:18	0.3	9:37	0.5	7:23	5:53	
29	Sun	2:07	5.0	2:35	5.3	9:02	0.2	9:28	0.3	6:24	4:52	
30	Mon	2:48	5.0	3:11	5.5	9:45	0.1	10:17	0.2	6:26	4:51	
31	Tue	3:26	5.0	3:42	5.7	10:27	0.0	11:05	0.1	6:27	4:49	