

Albany, NY - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:38	5.3	10:43	5.2	4:01	1.6	5:00	0.9	5:19	8:25	
2	Sat	10:33	5.2	11:34	5.2	4:55	1.6	5:46	1.0	5:19	8:26	
3	Sun	11:32	5.0			5:54	1.6	6:34	1.0	5:18	8:27	
4	Mon	12:25	5.3	12:30	4.9	6:56	1.5	7:23	1.0	5:18	8:27	
5	Tue	1:15	5.5	1:26	4.8	7:56	1.4	8:12	0.9	5:18	8:28	
6	Wed	2:01	5.7	2:18	4.8	8:53	1.1	9:00	0.8	5:17	8:29	
7	Thu	2:44	5.9	3:06	4.9	9:48	0.8	9:48	0.8	5:17	8:30	
8	Fri	3:23	6.0	3:50	4.9	10:39	0.6	10:35	0.7	5:17	8:30	
9	Sat	3:58	6.2	4:33	4.9	11:28	0.4	11:22	0.6	5:16	8:31	
10	Sun	4:30	6.3	5:15	5.0			12:16	0.2	5:16	8:31	
11	Mon	5:06	6.4	6:00	5.0	12:10	0.6	1:04	0.1	5:16	8:32	
12	Tue	5:48	6.3	6:51	5.0	12:58	0.5	1:52	0.0	5:16	8:32	
13	Wed	6:38	6.2	7:47	5.1	1:49	0.5	2:41	0.0	5:16	8:33	
14	Thu	7:37	6.1	8:47	5.2	2:42	0.5	3:31	0.0	5:16	8:33	
15	Fri	8:44	5.9	9:46	5.3	3:39	0.5	4:23	0.0	5:16	8:34	
16	Sat	9:52	5.7	10:45	5.5	4:38	0.5	5:16	0.0	5:16	8:34	
17	Sun	10:58	5.6	11:43	5.6	5:40	0.5	6:11	0.0	5:16	8:35	
18	Mon			12:01	5.5	6:42	0.4	7:06	0.0	5:16	8:35	
19	Tue	12:41	5.8	1:01	5.4	7:43	0.2	8:00	-0.1	5:16	8:35	
20	Wed	1:36	5.9	1:59	5.4	8:42	0.0	8:53	-0.1	5:16	8:36	
21	Thu	2:29	6.1	2:53	5.4	9:38	-0.1	9:44	-0.1	5:16	8:36	
22	Fri	3:18	6.1	3:43	5.3	10:31	-0.3	10:32	0.0	5:17	8:36	
23	Sat	4:03	6.1	4:32	5.3	11:20	-0.3	11:18	0.1	5:17	8:36	
24	Sun	4:46	6.0	5:19	5.2			12:07	-0.3	5:17	8:36	
25	Mon	5:28	5.9	6:05	5.1	12:02	0.3	12:52	-0.2	5:18	8:36	
26	Tue	6:08	5.7	6:52	4.9	12:43	0.5	1:34	-0.1	5:18	8:36	
27	Wed	6:47	5.5	7:40	4.8	1:23	0.7	2:15	0.1	5:18	8:37	
28	Thu	7:25	5.3	8:27	4.8	2:02	0.8	2:55	0.2	5:19	8:37	
29	Fri	8:00	5.2	9:14	4.8	2:41	0.9	3:34	0.3	5:19	8:36	
30	Sat	8:30	5.0	10:00	4.8	3:23	1.0	4:12	0.4	5:20	8:36	