

Albany, NY - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:03	4.1	10:58	4.8	5:40	0.7	5:23	0.2	5:46	8:16	
2	Thu	11:28	3.9			6:47	0.7	6:28	0.3	5:47	8:15	
3	Fri	12:03	4.9	12:56	3.8	7:52	0.5	7:38	0.3	5:48	8:13	
4	Sat	1:10	5.0	2:00	3.9	8:53	0.3	8:43	0.2	5:49	8:12	
5	Sun	2:09	5.1	2:56	4.1	9:49	0.0	9:44	0.0	5:50	8:11	
6	Mon	3:02	5.3	3:46	4.3	10:42	-0.4	10:40	-0.2	5:51	8:10	
7	Tue	3:52	5.5	4:35	4.5	11:32	-0.6	11:34	-0.4	5:52	8:08	
8	Wed	4:41	5.6	5:24	4.7			12:20	-0.8	5:53	8:07	
9	Thu	5:32	5.6	6:14	4.8	12:27	-0.5	1:08	-0.9	5:54	8:06	
10	Fri	6:25	5.5	7:07	4.9	1:19	-0.6	1:55	-1.0	5:55	8:04	
11	Sat	7:22	5.4	8:02	5.0	2:12	-0.6	2:42	-1.0	5:56	8:03	
12	Sun	8:21	5.2	8:59	5.1	3:06	-0.5	3:31	-0.9	5:57	8:02	
13	Mon	9:20	5.0	9:56	5.1	4:02	-0.4	4:21	-0.7	5:58	8:00	
14	Tue	10:20	4.8	10:53	5.1	5:00	-0.3	5:13	-0.6	6:00	7:59	
15	Wed	11:19	4.7	11:50	5.1	5:59	-0.3	6:07	-0.4	6:01	7:57	
16	Thu			12:18	4.6	6:59	-0.3	7:02	-0.3	6:02	7:56	
17	Fri	12:47	5.1	1:16	4.5	7:57	-0.3	7:58	-0.2	6:03	7:54	
18	Sat	1:43	5.1	2:11	4.6	8:52	-0.5	8:51	-0.2	6:04	7:53	
19	Sun	2:35	5.2	3:03	4.7	9:44	-0.6	9:42	-0.2	6:05	7:51	
20	Mon	3:22	5.2	3:51	4.7	10:31	-0.7	10:29	-0.2	6:06	7:50	
21	Tue	4:06	5.2	4:36	4.8	11:15	-0.7	11:13	-0.2	6:07	7:48	
22	Wed	4:46	5.2	5:18	4.8	11:56	-0.7	11:55	-0.1	6:08	7:47	
23	Thu	5:24	5.1	5:59	4.8			12:34	-0.6	6:09	7:45	
24	Fri	5:59	5.0	6:37	4.7	12:35	0.0	1:10	-0.5	6:10	7:43	
25	Sat	6:30	4.8	7:11	4.7	1:14	0.1	1:43	-0.4	6:11	7:42	
26	Sun	6:51	4.7	7:38	4.8	1:53	0.1	2:14	-0.3	6:12	7:40	
27	Mon	7:14	4.6	7:54	4.9	2:34	0.2	2:43	-0.2	6:14	7:39	
28	Tue	7:53	4.5	8:25	5.0	3:18	0.3	3:13	-0.1	6:15	7:37	
29	Wed	8:39	4.4	9:09	5.0	4:10	0.5	3:51	0.0	6:16	7:35	
30	Thu	9:34	4.1	10:01	5.0	5:12	0.6	4:41	0.1	6:17	7:34	
31	Fri	10:46	3.9	11:04	5.0	6:19	0.6	5:51	0.3	6:18	7:32	