

Albany, NY - Sep 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:23	3.9	7:24	0.5	7:10	0.3	6:19	7:30	
2	Sun	12:26	5.0	1:32	4.0	8:25	0.2	8:21	0.2	6:20	7:29	
3	Mon	1:41	5.1	2:31	4.3	9:23	-0.1	9:24	0.0	6:21	7:27	
4	Tue	2:42	5.3	3:25	4.5	10:16	-0.4	10:22	-0.3	6:22	7:25	
5	Wed	3:36	5.5	4:14	4.8	11:06	-0.6	11:17	-0.5	6:23	7:23	
6	Thu	4:28	5.6	5:02	5.0	11:55	-0.8			6:24	7:22	
7	Fri	5:18	5.6	5:51	5.2	12:10	-0.7	12:42	-0.9	6:25	7:20	
8	Sat	6:10	5.5	6:42	5.2	1:02	-0.7	1:28	-0.9	6:26	7:18	
9	Sun	7:04	5.3	7:35	5.3	1:54	-0.7	2:15	-0.8	6:27	7:16	
10	Mon	8:01	5.1	8:30	5.2	2:47	-0.5	3:02	-0.7	6:28	7:15	
11	Tue	8:59	5.0	9:26	5.2	3:41	-0.4	3:51	-0.5	6:30	7:13	
12	Wed	9:57	4.8	10:23	5.1	4:37	-0.2	4:42	-0.2	6:31	7:11	
13	Thu	10:56	4.7	11:21	5.0	5:35	-0.1	5:36	0.0	6:32	7:09	
14	Fri	11:54	4.6			6:32	-0.1	6:32	0.1	6:33	7:08	
15	Sat	12:19	5.0	12:52	4.6	7:29	-0.1	7:28	0.2	6:34	7:06	
16	Sun	1:15	5.0	1:47	4.7	8:23	-0.2	8:22	0.2	6:35	7:04	
17	Mon	2:08	5.1	2:39	4.8	9:13	-0.3	9:14	0.1	6:36	7:02	
18	Tue	2:57	5.1	3:27	4.9	10:00	-0.4	10:03	0.0	6:37	7:00	
19	Wed	3:41	5.2	4:11	5.0	10:43	-0.4	10:48	0.0	6:38	6:59	
20	Thu	4:22	5.2	4:51	5.1	11:23	-0.4	11:32	0.0	6:39	6:57	
21	Fri	5:00	5.1	5:29	5.1			12:01	-0.4	6:40	6:55	
22	Sat	5:35	5.0	6:02	5.1	12:13	0.0	12:36	-0.3	6:41	6:53	
23	Sun	6:06	4.9	6:29	5.2	12:55	0.1	1:09	-0.2	6:42	6:51	
24	Mon	6:29	4.8	6:45	5.2	1:36	0.1	1:41	-0.1	6:44	6:50	
25	Tue	6:54	4.7	7:10	5.4	2:18	0.2	2:12	0.0	6:45	6:48	
26	Wed	7:32	4.6	7:50	5.5	3:04	0.4	2:47	0.1	6:46	6:46	
27	Thu	8:21	4.5	8:37	5.5	3:54	0.5	3:29	0.2	6:47	6:44	
28	Fri	9:19	4.4	9:32	5.4	4:52	0.6	4:25	0.4	6:48	6:43	
29	Sat	10:39	4.3	10:38	5.2	5:55	0.6	5:38	0.5	6:49	6:41	
30	Sun			12:02	4.3	6:57	0.5	6:54	0.5	6:50	6:39	