

Albany, NY - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:06	5.5	1:41	5.5	8:20	-0.2	8:46	-0.1	6:28	4:48	
2	Fri	2:02	5.6	2:32	5.7	9:12	-0.4	9:42	-0.3	6:29	4:47	
3	Sat	2:53	5.6	3:19	5.9	10:01	-0.5	10:35	-0.5	6:30	4:46	
4	Sun	3:43	5.6	4:06	5.9	10:48	-0.4	11:26	-0.5	6:32	4:44	
5	Mon	4:33	5.5	4:52	5.8	11:34	-0.3			6:33	4:43	
6	Tue	5:23	5.3	5:40	5.7	12:16	-0.4	12:19	-0.1	6:34	4:42	
7	Wed	6:16	5.1	6:30	5.5	1:05	-0.2	1:04	0.1	6:35	4:41	
8	Thu	7:11	4.9	7:23	5.3	1:55	0.0	1:50	0.3	6:37	4:40	
9	Fri	8:07	4.8	8:18	5.2	2:45	0.2	2:38	0.5	6:38	4:39	
10	Sat	9:02	4.8	9:13	5.0	3:35	0.3	3:28	0.7	6:39	4:38	
11	Sun	9:57	4.7	10:09	4.9	4:26	0.4	4:22	0.9	6:41	4:36	
12	Mon	10:51	4.8	11:04	4.9	5:17	0.4	5:18	0.9	6:42	4:35	
13	Tue	11:45	4.9	11:59	4.9	6:07	0.4	6:14	0.9	6:43	4:34	
14	Wed			12:36	5.0	6:55	0.4	7:10	0.8	6:44	4:33	
15	Thu	12:51	4.9	1:24	5.2	7:42	0.3	8:03	0.6	6:46	4:33	
16	Fri	1:39	4.9	2:08	5.3	8:26	0.2	8:54	0.4	6:47	4:32	
17	Sat	2:24	4.9	2:47	5.5	9:09	0.2	9:43	0.3	6:48	4:31	
18	Sun	3:05	4.9	3:22	5.6	9:50	0.1	10:30	0.2	6:49	4:30	
19	Mon	3:44	4.8	3:52	5.7	10:31	0.1	11:16	0.1	6:51	4:29	
20	Tue	4:20	4.7	4:16	5.7	11:11	0.2			6:52	4:28	
21	Wed	4:55	4.7	4:44	5.8	12:01	0.1	11:53 AM	0.2	6:53	4:28	
22	Thu	5:33	4.6	5:23	5.8	12:47	0.1	12:37	0.2	6:54	4:27	
23	Fri	6:20	4.6	6:11	5.8	1:35	0.1	1:25	0.3	6:55	4:26	
24	Sat	7:17	4.7	7:08	5.7	2:24	0.1	2:18	0.3	6:57	4:26	
25	Sun	8:21	4.7	8:16	5.5	3:16	0.2	3:17	0.4	6:58	4:25	
26	Mon	9:25	4.8	9:31	5.4	4:11	0.1	4:20	0.4	6:59	4:25	
27	Tue	10:27	4.9	10:42	5.3	5:07	0.1	5:25	0.3	7:00	4:24	
28	Wed	11:27	5.1	11:47	5.3	6:03	0.0	6:29	0.2	7:01	4:24	
29	Thu			12:25	5.4	6:58	-0.2	7:30	0.0	7:02	4:23	
30	Fri	12:48	5.3	1:20	5.6	7:52	-0.3	8:28	-0.2	7:03	4:23	