

Albany, NY - Feb 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:23	5.1	4:34	5.4	11:07	0.0	11:51	-0.2	7:09	5:07	
2	Sat	5:07	5.0	5:15	5.2	11:48	0.2			7:08	5:08	
3	Sun	5:51	4.9	5:55	5.1	12:30	0.0	12:28	0.3	7:07	5:09	
4	Mon	6:34	4.9	6:34	5.0	1:08	0.1	1:07	0.5	7:06	5:11	
5	Tue	7:16	4.8	7:13	4.9	1:43	0.3	1:47	0.6	7:05	5:12	
6	Wed	7:55	4.8	7:51	4.7	2:17	0.4	2:30	0.7	7:04	5:13	
7	Thu	8:32	4.9	8:33	4.6	2:50	0.5	3:19	0.8	7:03	5:15	
8	Fri	9:05	4.9	9:32	4.4	3:26	0.6	4:18	0.9	7:01	5:16	
9	Sat	9:44	4.9	10:40	4.3	4:11	0.6	5:22	0.9	7:00	5:17	
10	Sun	10:43	5.0	11:45	4.3	5:10	0.7	6:26	0.9	6:59	5:19	
11	Mon	11:49	5.1			6:16	0.7	7:27	0.7	6:58	5:20	
12	Tue	12:44	4.3	12:49	5.2	7:20	0.6	8:24	0.5	6:56	5:21	
13	Wed	1:37	4.5	1:43	5.4	8:20	0.5	9:17	0.3	6:55	5:23	
14	Thu	2:26	4.7	2:32	5.6	9:17	0.2	10:07	0.0	6:54	5:24	
15	Fri	3:12	5.0	3:20	5.8	10:10	0.0	10:55	-0.1	6:52	5:25	
16	Sat	3:58	5.2	4:09	5.9	11:02	-0.2	11:42	-0.2	6:51	5:27	
17	Sun	4:44	5.3	5:00	5.9	11:54	-0.3			6:49	5:28	
18	Mon	5:33	5.4	5:54	5.8	12:29	-0.3	12:45	-0.3	6:48	5:29	
19	Tue	6:25	5.5	6:53	5.7	1:16	-0.3	1:39	-0.3	6:46	5:30	
20	Wed	7:21	5.5	7:52	5.6	2:04	-0.2	2:34	-0.1	6:45	5:32	
21	Thu	8:19	5.6	8:52	5.4	2:54	-0.1	3:31	0.0	6:43	5:33	
22	Fri	9:17	5.5	9:52	5.3	3:47	0.1	4:30	0.1	6:42	5:34	
23	Sat	10:17	5.5	10:52	5.2	4:42	0.2	5:30	0.2	6:40	5:36	
24	Sun	11:17	5.4	11:51	5.2	5:38	0.3	6:29	0.2	6:39	5:37	
25	Mon			12:16	5.5	6:36	0.3	7:27	0.1	6:37	5:38	
26	Tue	12:48	5.3	1:12	5.5	7:31	0.3	8:21	0.0	6:36	5:39	
27	Wed	1:41	5.4	2:03	5.6	8:25	0.3	9:11	0.0	6:34	5:41	
28	Thu	2:31	5.5	2:49	5.6	9:14	0.2	9:57	0.0	6:33	5:42	
29	Fri	3:17	5.6	3:32	5.6	10:01	0.3	10:40	0.0	6:31	5:43	