

Albany, NY - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:01	6.4	7:11	5.0	1:14	0.9	2:14	0.4	5:19	8:26	
2	Mon	6:43	6.4	7:59	5.1	1:59	0.9	2:59	0.5	5:18	8:27	
3	Tue	7:33	6.3	8:54	5.2	2:49	1.0	3:48	0.5	5:18	8:27	
4	Wed	8:30	6.1	9:54	5.3	3:45	1.0	4:39	0.5	5:18	8:28	
5	Thu	9:37	5.9	10:54	5.4	4:47	1.0	5:33	0.5	5:17	8:29	
6	Fri	10:55	5.7	11:54	5.6	5:53	1.0	6:28	0.4	5:17	8:29	
7	Sat			12:08	5.5	6:58	0.8	7:24	0.4	5:17	8:30	
8	Sun	12:53	5.8	1:13	5.5	8:01	0.6	8:20	0.3	5:16	8:31	
9	Mon	1:49	6.0	2:13	5.5	9:02	0.3	9:14	0.2	5:16	8:31	
10	Tue	2:42	6.2	3:09	5.5	9:59	0.1	10:06	0.1	5:16	8:32	
11	Wed	3:31	6.4	4:01	5.5	10:54	-0.1	10:56	0.1	5:16	8:32	
12	Thu	4:18	6.4	4:51	5.5	11:45	-0.2	11:45	0.2	5:16	8:33	
13	Fri	5:04	6.3	5:42	5.4			12:35	-0.2	5:16	8:33	
14	Sat	5:51	6.1	6:33	5.3	12:33	0.3	1:23	-0.2	5:16	8:34	
15	Sun	6:38	5.9	7:26	5.1	1:19	0.5	2:11	0.0	5:16	8:34	
16	Mon	7:28	5.6	8:20	5.1	2:05	0.7	2:57	0.1	5:16	8:35	
17	Tue	8:20	5.4	9:14	5.0	2:52	0.9	3:43	0.3	5:16	8:35	
18	Wed	9:13	5.2	10:06	5.0	3:41	1.1	4:29	0.4	5:16	8:35	
19	Thu	10:08	5.0	10:58	5.1	4:32	1.2	5:15	0.5	5:16	8:35	
20	Fri	11:03	4.8	11:50	5.1	5:27	1.3	6:02	0.6	5:16	8:36	
21	Sat	11:59	4.7			6:24	1.2	6:49	0.6	5:17	8:36	
22	Sun	12:41	5.2	12:55	4.6	7:22	1.1	7:36	0.6	5:17	8:36	
23	Mon	1:30	5.4	1:49	4.5	8:19	0.9	8:23	0.6	5:17	8:36	
24	Tue	2:17	5.5	2:40	4.5	9:13	0.7	9:10	0.6	5:17	8:36	
25	Wed	2:59	5.7	3:27	4.5	10:04	0.4	9:57	0.5	5:18	8:36	
26	Thu	3:38	5.8	4:10	4.5	10:52	0.2	10:42	0.5	5:18	8:37	
27	Fri	4:12	5.8	4:51	4.5	11:39	0.0	11:28	0.4	5:19	8:37	
28	Sat	4:43	5.9	5:31	4.6			12:24	-0.1	5:19	8:36	
29	Sun	5:12	5.9	6:11	4.6	12:13	0.4	1:09	-0.2	5:19	8:36	
30	Mon	5:49	5.9	6:55	4.7	1:00	0.3	1:53	-0.2	5:20	8:36	