

Albany, NY - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:34	5.9	7:44	4.8	1:48	0.3	2:39	-0.2	5:21	8:36	
2	Wed	7:28	5.8	8:38	4.9	2:40	0.3	3:26	-0.2	5:21	8:36	
3	Thu	8:29	5.6	9:34	5.1	3:35	0.3	4:15	-0.2	5:22	8:36	
4	Fri	9:37	5.4	10:32	5.2	4:35	0.3	5:06	-0.2	5:22	8:36	
5	Sat	10:46	5.2	11:31	5.3	5:37	0.3	6:01	-0.2	5:23	8:35	
6	Sun	11:52	5.0			6:41	0.2	6:57	-0.2	5:24	8:35	
7	Mon	12:30	5.5	12:56	5.0	7:43	0.1	7:53	-0.2	5:24	8:35	
8	Tue	1:28	5.6	1:56	4.9	8:44	-0.1	8:49	-0.2	5:25	8:34	
9	Wed	2:23	5.7	2:52	5.0	9:41	-0.4	9:43	-0.3	5:26	8:34	
10	Thu	3:14	5.8	3:44	5.0	10:35	-0.5	10:35	-0.2	5:26	8:33	
11	Fri	4:02	5.8	4:35	5.0	11:26	-0.7	11:24	-0.2	5:27	8:33	
12	Sat	4:48	5.7	5:23	4.9			12:14	-0.7	5:28	8:32	
13	Sun	5:33	5.6	6:12	4.8	12:11	-0.1	1:00	-0.6	5:29	8:32	
14	Mon	6:17	5.4	7:01	4.8	12:56	0.1	1:44	-0.5	5:30	8:31	
15	Tue	7:03	5.2	7:51	4.7	1:40	0.3	2:26	-0.3	5:30	8:31	
16	Wed	7:49	5.0	8:40	4.7	2:23	0.5	3:07	-0.1	5:31	8:30	
17	Thu	8:37	4.8	9:28	4.7	3:08	0.6	3:47	0.0	5:32	8:29	
18	Fri	9:26	4.6	10:16	4.7	3:54	0.8	4:27	0.1	5:33	8:28	
19	Sat	10:18	4.4	11:04	4.7	4:46	0.8	5:07	0.2	5:34	8:28	
20	Sun	11:14	4.1	11:53	4.7	5:43	0.9	5:51	0.3	5:35	8:27	
21	Mon			12:12	4.0	6:43	0.8	6:40	0.4	5:36	8:26	
22	Tue	12:43	4.8	1:10	3.9	7:43	0.7	7:34	0.4	5:37	8:25	
23	Wed	1:32	4.9	2:05	3.9	8:41	0.5	8:29	0.4	5:38	8:24	
24	Thu	2:19	5.1	2:55	3.9	9:35	0.2	9:23	0.3	5:39	8:23	
25	Fri	3:02	5.2	3:42	4.1	10:26	-0.1	10:15	0.1	5:40	8:22	
26	Sat	3:42	5.4	4:25	4.2	11:14	-0.3	11:06	0.0	5:41	8:21	
27	Sun	4:20	5.5	5:07	4.3			12:00	-0.5	5:42	8:20	
28	Mon	4:59	5.6	5:49	4.5			12:45	-0.6	5:43	8:19	
29	Tue	5:42	5.6	6:33	4.6	12:45	-0.2	1:30	-0.7	5:44	8:18	
30	Wed	6:30	5.5	7:22	4.8	1:35	-0.3	2:15	-0.7	5:45	8:17	
31	Thu	7:26	5.4	8:15	4.9	2:27	-0.3	3:01	-0.7	5:46	8:16	