

Albany, NY - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:34	5.0	11:54	5.1	6:05	0.1	6:12	0.5	6:29	4:47	
2	Sun			12:29	5.2	6:57	0.0	7:08	0.5	6:30	4:46	
3	Mon	12:47	5.1	1:20	5.3	7:46	0.0	8:01	0.4	6:31	4:45	
4	Tue	1:37	5.2	2:07	5.5	8:32	-0.1	8:52	0.3	6:33	4:44	
5	Wed	2:23	5.2	2:50	5.6	9:15	-0.1	9:39	0.2	6:34	4:42	
6	Thu	3:06	5.1	3:29	5.6	9:54	0.0	10:24	0.1	6:35	4:41	
7	Fri	3:47	5.0	4:05	5.6	10:32	0.1	11:07	0.2	6:36	4:40	
8	Sat	4:25	4.9	4:37	5.6	11:07	0.2	11:49	0.2	6:38	4:39	
9	Sun	5:03	4.7	5:00	5.6	11:42	0.3			6:39	4:38	
10	Mon	5:37	4.6	5:15	5.6	12:31	0.3	12:15	0.4	6:40	4:37	
11	Tue	6:09	4.5	5:45	5.7	1:13	0.3	12:51	0.4	6:41	4:36	
12	Wed	6:42	4.5	6:28	5.7	1:57	0.4	1:31	0.5	6:43	4:35	
13	Thu	7:27	4.5	7:17	5.6	2:44	0.5	2:19	0.6	6:44	4:34	
14	Fri	8:27	4.5	8:14	5.5	3:35	0.5	3:18	0.7	6:45	4:33	
15	Sat	9:36	4.6	9:21	5.4	4:30	0.5	4:28	0.7	6:47	4:32	
16	Sun	10:42	4.7	10:43	5.3	5:27	0.4	5:39	0.7	6:48	4:31	
17	Mon	11:44	4.9	11:58	5.3	6:24	0.3	6:46	0.5	6:49	4:30	
18	Tue			12:41	5.2	7:19	0.1	7:48	0.3	6:50	4:29	
19	Wed	1:01	5.3	1:34	5.5	8:13	-0.1	8:48	0.0	6:51	4:29	
20	Thu	1:57	5.4	2:24	5.7	9:05	-0.2	9:44	-0.2	6:53	4:28	
21	Fri	2:50	5.5	3:11	5.9	9:55	-0.3	10:37	-0.4	6:54	4:27	
22	Sat	3:41	5.4	3:58	5.9	10:44	-0.3	11:30	-0.4	6:55	4:26	
23	Sun	4:32	5.3	4:47	5.9	11:33	-0.3			6:56	4:26	
24	Mon	5:25	5.2	5:38	5.7	12:21	-0.4	12:21	-0.2	6:57	4:25	
25	Tue	6:21	5.0	6:33	5.5	1:12	-0.3	1:10	0.0	6:59	4:25	
26	Wed	7:19	4.9	7:31	5.4	2:03	-0.2	2:01	0.2	7:00	4:24	
27	Thu	8:16	4.9	8:30	5.2	2:55	0.0	2:53	0.4	7:01	4:24	
28	Fri	9:13	4.9	9:27	5.1	3:46	0.1	3:47	0.5	7:02	4:23	
29	Sat	10:09	4.9	10:24	5.0	4:38	0.1	4:44	0.6	7:03	4:23	
30	Sun	11:03	5.0	11:20	4.9	5:29	0.2	5:40	0.7	7:04	4:22	