

Albany, NY - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:14	4.5	12:18	5.2	6:31	1.1	7:40	0.9	6:30	5:44	
2	Mon	1:07	4.6	1:11	5.4	7:33	0.9	8:32	0.7	6:28	5:45	
3	Tue	1:56	4.8	1:59	5.5	8:30	0.7	9:22	0.5	6:26	5:46	
4	Wed	2:40	5.0	2:44	5.7	9:24	0.5	10:09	0.3	6:25	5:48	
5	Thu	3:20	5.3	3:27	5.9	10:16	0.3	10:54	0.2	6:23	5:49	
6	Fri	3:59	5.5	4:10	5.9	11:06	0.1	11:38	0.1	6:21	5:50	
7	Sat	4:39	5.7	4:56	5.9	11:56	0.1			6:20	5:51	
8	Sun	5:21	5.8	5:48	5.9	12:22	0.1	12:46	0.1	6:18	5:52	
9	Mon	6:08	5.9	6:45	5.7	1:07	0.2	1:39	0.1	6:16	5:54	
10	Tue	7:01	5.9	7:45	5.6	1:54	0.3	2:34	0.2	6:15	5:55	
11	Wed	8:00	5.9	8:48	5.5	2:44	0.4	3:32	0.3	6:13	5:56	
12	Thu	9:02	5.8	9:50	5.4	3:39	0.5	4:33	0.4	6:11	5:57	
13	Fri	10:07	5.7	10:53	5.4	4:37	0.6	5:34	0.5	6:10	5:58	
14	Sat	11:13	5.6	11:54	5.4	5:38	0.7	6:34	0.4	6:08	6:00	
15	Sun			12:16	5.6	6:39	0.6	7:32	0.3	6:06	6:01	
16	Mon	12:52	5.6	1:14	5.7	7:38	0.5	8:26	0.2	6:04	6:02	
17	Tue	1:46	5.8	2:07	5.8	8:33	0.4	9:16	0.1	6:03	6:03	
18	Wed	2:36	5.9	2:55	5.9	9:24	0.3	10:02	0.1	6:01	6:04	
19	Thu	3:22	6.0	3:39	5.9	10:12	0.3	10:45	0.2	5:59	6:05	
20	Fri	4:06	6.0	4:22	5.8	10:57	0.4	11:25	0.4	5:57	6:07	
21	Sat	4:47	6.0	5:03	5.7	11:40	0.5			5:56	6:08	
22	Sun	5:27	5.9	5:44	5.5	12:02	0.6	12:22	0.7	5:54	6:09	
23	Mon	6:05	5.9	6:26	5.4	12:37	0.8	1:02	0.8	5:52	6:10	
24	Tue	6:40	5.8	7:10	5.2	1:08	1.0	1:43	1.0	5:50	6:11	
25	Wed	7:06	5.8	7:55	5.0	1:37	1.1	2:26	1.1	5:49	6:12	
26	Thu	7:22	5.8	8:45	4.9	2:05	1.2	3:14	1.3	5:47	6:13	
27	Fri	7:56	5.8	9:39	4.8	2:41	1.4	4:07	1.4	5:45	6:15	
28	Sat	8:44	5.7	10:37	4.8	3:32	1.5	5:06	1.4	5:43	6:16	
29	Sun	9:44	5.6	11:36	4.9	4:40	1.6	6:06	1.4	5:42	6:17	
30	Mon	11:13	5.5			5:55	1.6	7:03	1.2	5:40	6:18	
31	Tue	12:31	5.1	12:28	5.6	7:04	1.4	7:57	1.1	5:38	6:19	