

Albany, NY - Mar 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:40	5.7	6:02	5.7	12:27	-0.2	12:40	-0.1	6:31	5:43	
2	Wed	6:31	5.7	6:55	5.5	1:12	0.0	1:31	0.1	6:29	5:45	
3	Thu	7:23	5.7	7:50	5.4	1:57	0.2	2:23	0.3	6:27	5:46	
4	Fri	8:15	5.6	8:45	5.2	2:42	0.4	3:16	0.5	6:26	5:47	
5	Sat	9:07	5.5	9:41	5.0	3:29	0.6	4:11	0.7	6:24	5:48	
6	Sun	10:01	5.4	10:38	4.9	4:18	0.8	5:08	0.8	6:22	5:49	
7	Mon	10:56	5.4	11:35	4.9	5:09	1.0	6:04	0.9	6:21	5:51	
8	Tue	11:51	5.3			6:03	1.1	7:00	0.8	6:19	5:52	
9	Wed	12:30	4.9	12:46	5.4	6:57	1.1	7:52	0.7	6:17	5:53	
10	Thu	1:23	5.0	1:36	5.5	7:50	1.0	8:40	0.6	6:15	5:54	
11	Fri	2:11	5.2	2:22	5.6	8:40	0.9	9:25	0.5	6:14	5:55	
12	Sat	2:55	5.3	3:04	5.6	9:27	0.8	10:06	0.5	6:12	5:57	
13	Sun	3:35	5.4	3:42	5.7	10:12	0.7	10:45	0.5	6:10	5:58	
14	Mon	4:11	5.5	4:16	5.6	10:56	0.6	11:22	0.5	6:09	5:59	
15	Tue	4:42	5.6	4:48	5.6	11:39	0.6	11:57	0.6	6:07	6:00	
16	Wed	5:05	5.7	5:18	5.5			12:22	0.6	6:05	6:01	
17	Thu	5:26	5.9	5:53	5.5	12:30	0.6	1:07	0.7	6:03	6:03	
18	Fri	5:58	6.0	6:38	5.4	1:04	0.7	1:55	0.8	6:02	6:04	
19	Sat	6:40	6.1	7:32	5.2	1:40	0.8	2:48	0.9	6:00	6:05	
20	Sun	7:28	6.1	8:38	5.1	2:24	0.9	3:47	1.0	5:58	6:06	
21	Mon	8:24	6.0	9:52	5.0	3:19	1.1	4:51	1.1	5:56	6:07	
22	Tue	9:31	5.8	11:03	5.0	4:30	1.2	5:54	1.1	5:55	6:08	
23	Wed	10:59	5.7			5:44	1.2	6:56	0.9	5:53	6:09	
24	Thu	12:09	5.2	12:19	5.7	6:54	1.0	7:54	0.7	5:51	6:11	
25	Fri	1:08	5.5	1:24	5.9	7:57	0.8	8:49	0.4	5:49	6:12	
26	Sat	2:03	5.8	2:21	6.0	8:56	0.5	9:39	0.2	5:48	6:13	
27	Sun	2:53	6.0	3:12	6.1	9:50	0.2	10:27	0.2	5:46	6:14	
28	Mon	3:41	6.2	4:01	6.2	10:42	0.1	11:13	0.2	5:44	6:15	
29	Tue	4:27	6.3	4:49	6.1	11:32	0.1	11:57	0.3	5:42	6:16	
30	Wed	5:13	6.3	5:38	5.9			12:21	0.3	5:41	6:18	
31	Thu	5:59	6.3	6:29	5.7	12:39	0.5	1:09	0.5	5:39	6:19	