

Albany, NY - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:22	5.8	8:01	5.1	2:15	0.4	3:01	0.6	6:30	5:44	
2	Sun	8:18	5.7	9:10	4.9	3:05	0.6	4:03	0.7	6:28	5:45	
3	Mon	9:23	5.6	10:19	4.8	4:03	0.7	5:08	0.8	6:27	5:46	
4	Tue	10:34	5.5	11:27	4.8	5:08	0.8	6:13	0.7	6:25	5:47	
5	Wed	11:46	5.4			6:14	0.8	7:15	0.6	6:23	5:49	
6	Thu	12:31	4.9	12:52	5.5	7:18	0.7	8:13	0.4	6:22	5:50	
7	Fri	1:30	5.1	1:51	5.6	8:18	0.5	9:06	0.3	6:20	5:51	
8	Sat	2:24	5.4	2:43	5.8	9:13	0.3	9:55	0.1	6:18	5:52	
9	Sun	3:13	5.6	3:31	5.8	10:04	0.2	10:41	0.1	6:17	5:53	
10	Mon	3:59	5.7	4:16	5.8	10:53	0.2	11:23	0.2	6:15	5:55	
11	Tue	4:43	5.7	5:00	5.7	11:38	0.3			6:13	5:56	
12	Wed	5:25	5.7	5:44	5.5	12:02	0.3	12:23	0.4	6:12	5:57	
13	Thu	6:07	5.7	6:29	5.3	12:38	0.5	1:07	0.7	6:10	5:58	
14	Fri	6:47	5.6	7:16	5.1	1:12	0.8	1:51	0.9	6:08	5:59	
15	Sat	7:25	5.6	8:05	4.9	1:42	1.0	2:36	1.0	6:06	6:00	
16	Sun	8:01	5.5	8:57	4.8	2:09	1.1	3:25	1.2	6:05	6:02	
17	Mon	8:34	5.4	9:52	4.6	2:40	1.3	4:19	1.3	6:03	6:03	
18	Tue	9:13	5.3	10:49	4.6	3:23	1.5	5:15	1.4	6:01	6:04	
19	Wed	10:19	5.3	11:46	4.6	4:23	1.6	6:13	1.3	5:59	6:05	
20	Thu	11:34	5.2			5:36	1.6	7:08	1.2	5:58	6:06	
21	Fri	12:40	4.8	12:36	5.3	6:46	1.5	8:00	1.1	5:56	6:07	
22	Sat	1:29	5.0	1:29	5.5	7:49	1.3	8:49	0.9	5:54	6:09	
23	Sun	2:14	5.3	2:16	5.6	8:46	1.0	9:34	0.7	5:52	6:10	
24	Mon	2:54	5.6	2:57	5.8	9:38	0.8	10:17	0.6	5:51	6:11	
25	Tue	3:30	5.8	3:37	5.8	10:29	0.6	10:58	0.6	5:49	6:12	
26	Wed	4:05	6.1	4:18	5.8	11:18	0.5	11:39	0.6	5:47	6:13	
27	Thu	4:41	6.3	5:03	5.7			12:08	0.5	5:45	6:14	
28	Fri	5:21	6.4	5:54	5.6	12:21	0.7	12:59	0.5	5:44	6:16	
29	Sat	6:06	6.4	6:52	5.4	1:04	0.8	1:53	0.6	5:42	6:17	
30	Sun	6:58	6.3	7:57	5.2	1:52	0.9	2:50	0.8	5:40	6:18	
31	Mon	8:00	6.1	9:05	5.2	2:47	1.1	3:50	0.9	5:38	6:19	