

Albany, NY - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:17	4.8	11:40	4.0	5:16	0.6	6:07	0.9	7:25	4:32	
2	Mon			12:06	4.9	6:03	0.6	7:07	0.8	7:25	4:33	
3	Tue	12:35	4.0	12:53	5.0	6:54	0.6	8:04	0.6	7:25	4:34	
4	Wed	1:27	4.0	1:37	5.2	7:47	0.5	8:58	0.4	7:25	4:35	
5	Thu	2:15	4.0	2:18	5.3	8:40	0.4	9:48	0.2	7:25	4:35	
6	Fri	3:00	4.1	2:58	5.5	9:31	0.3	10:36	0.0	7:25	4:36	
7	Sat	3:42	4.3	3:37	5.6	10:22	0.1	11:22	-0.1	7:24	4:37	
8	Sun	4:23	4.4	4:19	5.6	11:11	0.0			7:24	4:39	
9	Mon	5:06	4.5	5:06	5.6	12:07	-0.2	12:01	-0.1	7:24	4:40	
10	Tue	5:53	4.7	5:58	5.6	12:52	-0.2	12:52	-0.1	7:24	4:41	
11	Wed	6:44	4.8	6:56	5.5	1:37	-0.3	1:44	-0.1	7:23	4:42	
12	Thu	7:38	5.0	7:56	5.3	2:23	-0.3	2:40	-0.1	7:23	4:43	
13	Fri	8:33	5.1	8:57	5.1	3:11	-0.2	3:39	0.0	7:23	4:44	
14	Sat	9:30	5.2	9:59	4.9	4:01	-0.1	4:42	0.1	7:22	4:45	
15	Sun	10:29	5.2	11:01	4.8	4:55	-0.1	5:45	0.2	7:22	4:46	
16	Mon	11:29	5.2			5:51	0.0	6:48	0.1	7:21	4:48	
17	Tue	12:03	4.7	12:29	5.2	6:49	0.1	7:49	0.0	7:21	4:49	
18	Wed	1:02	4.6	1:25	5.3	7:47	0.1	8:46	-0.1	7:20	4:50	
19	Thu	1:57	4.7	2:18	5.3	8:42	0.1	9:39	-0.2	7:19	4:51	
20	Fri	2:49	4.8	3:07	5.3	9:34	0.1	10:28	-0.2	7:19	4:52	
21	Sat	3:38	4.8	3:52	5.2	10:22	0.1	11:13	-0.2	7:18	4:54	
22	Sun	4:25	4.8	4:36	5.2	11:07	0.2	11:56	-0.1	7:17	4:55	
23	Mon	5:11	4.7	5:18	5.1	11:50	0.3			7:17	4:56	
24	Tue	5:56	4.7	6:00	4.9	12:36	0.0	12:32	0.4	7:16	4:57	
25	Wed	6:40	4.7	6:42	4.8	1:13	0.1	1:12	0.6	7:15	4:59	
26	Thu	7:24	4.7	7:24	4.7	1:48	0.3	1:53	0.7	7:14	5:00	
27	Fri	8:05	4.8	8:09	4.5	2:20	0.4	2:38	0.8	7:13	5:01	
28	Sat	8:45	4.8	8:57	4.3	2:51	0.5	3:29	0.9	7:12	5:03	
29	Sun	9:24	4.9	9:53	4.1	3:23	0.6	4:27	1.0	7:11	5:04	
30	Mon	10:06	4.9	10:55	3.9	4:04	0.7	5:30	1.0	7:10	5:05	
31	Tue	10:58	4.9	11:56	3.9	4:58	0.8	6:33	0.9	7:09	5:07	