

Albany, NY - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:35	5.3	11:17	4.2	4:09	1.1	5:59	1.2	6:30	5:44	
2	Thu	10:50	5.3			5:27	1.2	7:01	1.1	6:28	5:45	
3	Fri	12:19	4.4	12:14	5.3	6:44	1.1	7:58	0.9	6:26	5:46	
4	Sat	1:15	4.6	1:18	5.5	7:51	0.9	8:50	0.6	6:25	5:48	
5	Sun	2:05	4.9	2:13	5.7	8:51	0.6	9:39	0.4	6:23	5:49	
6	Mon	2:50	5.3	3:02	5.9	9:46	0.3	10:26	0.2	6:21	5:50	
7	Tue	3:34	5.6	3:50	6.0	10:39	0.1	11:11	0.1	6:20	5:51	
8	Wed	4:17	5.8	4:39	5.9	11:31	0.0	11:55	0.1	6:18	5:53	
9	Thu	5:02	6.0	5:30	5.8			12:22	0.0	6:16	5:54	
10	Fri	5:49	6.0	6:25	5.6	12:39	0.2	1:15	0.1	6:15	5:55	
11	Sat	6:41	6.0	7:23	5.4	1:25	0.3	2:10	0.3	6:13	5:56	
12	Sun	7:37	5.9	8:24	5.3	2:13	0.5	3:07	0.4	6:11	5:57	
13	Mon	8:37	5.7	9:26	5.1	3:06	0.7	4:06	0.6	6:09	5:58	
14	Tue	9:41	5.5	10:27	5.1	4:03	0.9	5:07	0.7	6:08	6:00	
15	Wed	10:46	5.4	11:29	5.1	5:04	1.0	6:07	0.7	6:06	6:01	
16	Thu	11:50	5.4			6:06	1.0	7:04	0.7	6:04	6:02	
17	Fri	12:27	5.3	12:50	5.4	7:05	1.0	7:58	0.6	6:02	6:03	
18	Sat	1:22	5.5	1:44	5.5	8:01	0.9	8:46	0.5	6:01	6:04	
19	Sun	2:12	5.7	2:31	5.6	8:52	0.8	9:31	0.4	5:59	6:05	
20	Mon	2:57	5.8	3:13	5.6	9:40	0.7	10:11	0.4	5:57	6:07	
21	Tue	3:39	5.9	3:53	5.6	10:24	0.7	10:48	0.5	5:55	6:08	
22	Wed	4:17	6.0	4:31	5.5	11:06	0.7	11:22	0.7	5:54	6:09	
23	Thu	4:52	6.0	5:07	5.3	11:46	0.8	11:53	0.8	5:52	6:10	
24	Fri	5:23	6.0	5:43	5.2			12:26	0.9	5:50	6:11	
25	Sat	5:45	6.0	6:17	5.0	12:20	1.0	1:07	1.0	5:48	6:12	
26	Sun	6:01	6.1	6:50	4.9	12:46	1.1	1:49	1.1	5:47	6:14	
27	Mon	6:31	6.1	7:29	4.8	1:15	1.2	2:35	1.2	5:45	6:15	
28	Tue	7:13	6.1	8:23	4.7	1:53	1.3	3:27	1.3	5:43	6:16	
29	Wed	8:02	6.0	9:33	4.7	2:42	1.4	4:26	1.4	5:41	6:17	
30	Thu	9:00	5.9	10:43	4.8	3:46	1.5	5:27	1.4	5:40	6:18	
31	Fri	10:12	5.7	11:47	5.0	5:07	1.6	6:27	1.3	5:38	6:19	