

































Albany, NY - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:30	5.2	5:05	4.6	11:53	-0.6	11:48	-0.1	5:46	8:15	
2	Wed	5:15	5.2	5:51	4.6			12:37	-0.6	5:47	8:14	
3	Thu	5:58	5.0	6:38	4.6	12:34	0.0	1:18	-0.5	5:49	8:13	
4	Fri	6:40	4.9	7:23	4.6	1:17	0.2	1:56	-0.4	5:50	8:11	
5	Sat	7:23	4.7	8:07	4.6	2:00	0.3	2:32	-0.2	5:51	8:10	
6	Sun	8:06	4.4	8:50	4.6	2:43	0.5	3:04	-0.1	5:52	8:09	
7	Mon	8:52	4.2	9:32	4.6	3:28	0.6	3:34	0.1	5:53	8:08	
8	Tue	9:41	3.9	10:14	4.7	4:17	0.7	4:03	0.2	5:54	8:06	
9	Wed	10:37	3.7	10:58	4.7	5:14	0.8	4:37	0.3	5:55	8:05	
10	Thu	11:38	3.5	11:49	4.7	6:15	0.8	5:26	0.5	5:56	8:04	
11	Fri			12:40	3.4	7:17	0.7	6:33	0.6	5:57	8:02	
12	Sat	12:46	4.7	1:39	3.4	8:17	0.5	7:43	0.6	5:58	8:01	
13	Sun	1:42	4.8	2:33	3.6	9:12	0.3	8:48	0.4	5:59	7:59	
14	Mon	2:34	4.9	3:21	3.8	10:03	0.0	9:47	0.2	6:00	7:58	
15	Tue	3:21	5.1	4:05	4.0	10:50	-0.3	10:41	0.0	6:01	7:57	
16	Wed	4:04	5.3	4:46	4.3	11:35	-0.5	11:33	-0.2	6:02	7:55	
17	Thu	4:46	5.4	5:26	4.6			12:18	-0.6	6:03	7:54	
18	Fri	5:29	5.4	6:07	4.8	12:23	-0.3	1:00	-0.7	6:04	7:52	
19	Sat	6:15	5.3	6:52	5.0	1:13	-0.4	1:42	-0.8	6:06	7:50	
20	Sun	7:06	5.2	7:40	5.1	2:04	-0.4	2:24	-0.7	6:07	7:49	
21	Mon	8:02	5.0	8:32	5.2	2:58	-0.3	3:09	-0.6	6:08	7:47	
22	Tue	9:02	4.7	9:28	5.2	3:55	-0.2	3:57	-0.5	6:09	7:46	
23	Wed	10:04	4.5	10:29	5.1	4:56	0.0	4:51	-0.3	6:10	7:44	
24	Thu	11:09	4.3	11:33	5.0	5:58	0.0	5:51	-0.1	6:11	7:43	
25	Fri			12:13	4.2	7:01	0.0	6:54	0.0	6:12	7:41	
26	Sat	12:38	4.9	1:16	4.2	8:03	-0.1	7:56	0.0	6:13	7:39	
27	Sun	1:41	4.9	2:15	4.3	9:00	-0.3	8:55	-0.1	6:14	7:38	
28	Mon	2:38	5.0	3:09	4.5	9:53	-0.4	9:51	-0.1	6:15	7:36	
29	Tue	3:29	5.1	3:59	4.7	10:42	-0.6	10:41	-0.2	6:16	7:34	
30	Wed	4:14	5.1	4:44	4.8	11:26	-0.6	11:28	-0.2	6:17	7:33	
31	Thu	4:56	5.1	5:28	4.8			12:07	-0.6	6:18	7:31	