






























## Albany, NY - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:27	5.9	10:28	5.3	4:04	1.1	5:10	0.8	6:37	7:20	
2	Mon	10:39	5.7	11:31	5.4	5:06	1.2	6:10	0.8	6:35	7:21	
3	Tue	11:49	5.7			6:11	1.2	7:09	0.8	6:33	7:22	
4	Wed	12:33	5.5	12:54	5.7	7:14	1.1	8:05	0.7	6:31	7:24	
5	Thu	1:31	5.8	1:53	5.7	8:14	0.9	8:57	0.5	6:30	7:25	
6	Fri	2:25	6.0	2:46	5.8	9:10	0.8	9:45	0.4	6:28	7:26	
7	Sat	3:14	6.3	3:33	5.9	10:02	0.6	10:30	0.4	6:26	7:27	
8	Sun	3:58	6.4	4:16	5.9	10:50	0.6	11:11	0.5	6:25	7:28	
9	Mon	4:39	6.5	4:58	5.8	11:36	0.6	11:48	0.7	6:23	7:29	
10	Tue	5:17	6.5	5:38	5.6			12:19	0.7	6:21	7:30	
11	Wed	5:53	6.4	6:19	5.4	12:23	0.9	1:00	0.8	6:20	7:32	
12	Thu	6:25	6.3	7:01	5.3	12:55	1.1	1:41	0.9	6:18	7:33	
13	Fri	6:50	6.2	7:44	5.1	1:23	1.3	2:21	1.1	6:16	7:34	
14	Sat	7:07	6.2	8:29	5.0	1:50	1.4	3:03	1.2	6:15	7:35	
15	Sun	7:37	6.2	9:17	4.9	2:21	1.5	3:47	1.3	6:13	7:36	
16	Mon	8:19	6.1	10:08	4.9	3:03	1.6	4:36	1.4	6:11	7:37	
17	Tue	9:09	6.0	11:03	4.9	3:55	1.7	5:30	1.5	6:10	7:38	
18	Wed	10:07	5.8			5:03	1.8	6:26	1.5	6:08	7:40	
19	Thu	12:00	5.1	11:23 AM	5.6	6:20	1.8	7:21	1.4	6:07	7:41	
20	Fri	12:54	5.3	12:48	5.6	7:32	1.7	8:15	1.3	6:05	7:42	
21	Sat	1:45	5.6	1:52	5.7	8:37	1.4	9:05	1.1	6:03	7:43	
22	Sun	2:32	6.0	2:47	5.7	9:37	1.1	9:54	1.0	6:02	7:44	
23	Mon	3:15	6.3	3:37	5.8	10:33	0.9	10:41	0.9	6:00	7:45	
24	Tue	3:56	6.6	4:26	5.8	11:27	0.7	11:28	0.9	5:59	7:46	
25	Wed	4:37	6.7	5:16	5.7			12:19	0.5	5:57	7:47	
26	Thu	5:20	6.8	6:08	5.6	12:15	0.9	1:11	0.5	5:56	7:49	
27	Fri	6:07	6.7	7:06	5.5	1:04	1.0	2:04	0.5	5:54	7:50	
28	Sat	7:02	6.5	8:08	5.4	1:55	1.1	2:58	0.6	5:53	7:51	
29	Sun	8:06	6.2	9:11	5.4	2:49	1.2	3:53	0.7	5:52	7:52	
30	Mon	9:15	6.0	10:13	5.5	3:48	1.3	4:49	0.8	5:50	7:53	