
































Albany, NY - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:24	5.8	11:13	5.6	4:49	1.3	5:46	0.8	5:49	7:54	
2	Wed	11:29	5.7			5:51	1.3	6:41	0.8	5:48	7:55	
3	Thu	12:12	5.8	12:30	5.7	6:52	1.2	7:33	0.7	5:46	7:57	
4	Fri	1:08	6.0	1:27	5.7	7:51	1.1	8:23	0.7	5:45	7:58	
5	Sat	2:00	6.3	2:19	5.7	8:47	1.0	9:10	0.6	5:44	7:59	
6	Sun	2:48	6.5	3:07	5.7	9:39	0.8	9:54	0.7	5:42	8:00	
7	Mon	3:32	6.6	3:51	5.6	10:28	0.7	10:34	0.8	5:41	8:01	
8	Tue	4:12	6.7	4:34	5.5	11:13	0.7	11:12	0.9	5:40	8:02	
9	Wed	4:48	6.6	5:15	5.4	11:56	0.7	11:48	1.1	5:39	8:03	
10	Thu	5:22	6.5	5:56	5.2			12:38	0.7	5:37	8:04	
11	Fri	5:50	6.4	6:37	5.1	12:20	1.3	1:19	0.8	5:36	8:05	
12	Sat	6:10	6.4	7:18	5.0	12:52	1.4	1:59	0.9	5:35	8:06	
13	Sun	6:31	6.3	7:59	4.9	1:24	1.4	2:39	1.0	5:34	8:07	
14	Mon	7:07	6.3	8:42	5.0	2:02	1.5	3:20	1.1	5:33	8:09	
15	Tue	7:52	6.2	9:27	5.0	2:46	1.5	4:04	1.1	5:32	8:10	
16	Wed	8:42	6.1	10:17	5.1	3:39	1.6	4:51	1.2	5:31	8:11	
17	Thu	9:39	5.8	11:12	5.3	4:43	1.7	5:42	1.2	5:30	8:12	
18	Fri	10:45	5.6			5:56	1.7	6:36	1.1	5:29	8:13	
19	Sat	12:08	5.5	12:05	5.4	7:08	1.6	7:30	1.1	5:28	8:14	
20	Sun	1:03	5.8	1:18	5.4	8:15	1.3	8:24	1.0	5:27	8:15	
21	Mon	1:55	6.1	2:20	5.4	9:17	1.1	9:18	0.9	5:26	8:16	
22	Tue	2:43	6.4	3:15	5.4	10:15	0.8	10:10	0.8	5:26	8:17	
23	Wed	3:30	6.6	4:08	5.4	11:10	0.5	11:02	0.8	5:25	8:18	
24	Thu	4:16	6.6	5:01	5.4			12:04	0.4	5:24	8:19	
25	Fri	5:03	6.6	5:55	5.3			12:56	0.3	5:23	8:19	
26	Sat	5:54	6.4	6:52	5.3	12:46	0.8	1:48	0.3	5:23	8:20	
27	Sun	6:51	6.2	7:52	5.2	1:39	0.9	2:39	0.3	5:22	8:21	
28	Mon	7:54	5.9	8:53	5.3	2:33	0.9	3:31	0.4	5:21	8:22	
29	Tue	8:59	5.7	9:52	5.4	3:29	1.0	4:23	0.4	5:21	8:23	
30	Wed	10:02	5.6	10:49	5.5	4:27	1.1	5:15	0.5	5:20	8:24	
31	Thu	11:01	5.4	11:44	5.7	5:26	1.1	6:06	0.5	5:20	8:25	