

































Albany, NY - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:03	4.9	1:38	3.8	8:11	0.4	7:51	0.5	5:46	8:15	
2	Thu	1:54	4.9	2:31	3.8	9:04	0.2	8:44	0.4	5:47	8:14	
3	Fri	2:42	5.0	3:20	3.9	9:54	0.0	9:36	0.3	5:48	8:13	
4	Sat	3:25	5.1	4:04	4.0	10:39	-0.2	10:25	0.2	5:49	8:12	
5	Sun	4:04	5.2	4:44	4.2	11:22	-0.4	11:12	0.1	5:50	8:11	
6	Mon	4:39	5.3	5:21	4.3			12:03	-0.5	5:51	8:09	
7	Tue	5:12	5.3	5:55	4.5			12:41	-0.5	5:52	8:08	
8	Wed	5:44	5.3	6:27	4.7	12:43	-0.1	1:19	-0.6	5:54	8:07	
9	Thu	6:21	5.2	7:01	4.9	1:29	-0.1	1:56	-0.6	5:55	8:05	
10	Fri	7:05	5.1	7:40	5.0	2:17	0.0	2:33	-0.5	5:56	8:04	
11	Sat	7:55	4.9	8:26	5.2	3:09	0.1	3:13	-0.5	5:57	8:03	
12	Sun	8:52	4.6	9:18	5.2	4:06	0.2	3:58	-0.3	5:58	8:01	
13	Mon	9:59	4.3	10:19	5.1	5:09	0.3	4:52	-0.1	5:59	8:00	
14	Tue	11:12	4.1	11:30	5.0	6:15	0.3	5:57	0.0	6:00	7:58	
15	Wed			12:23	4.0	7:20	0.2	7:07	0.1	6:01	7:57	
16	Thu	12:43	4.9	1:30	4.1	8:23	0.0	8:14	0.0	6:02	7:55	
17	Fri	1:50	5.0	2:31	4.2	9:22	-0.2	9:16	-0.1	6:03	7:54	
18	Sat	2:50	5.1	3:26	4.5	10:16	-0.5	10:13	-0.3	6:04	7:52	
19	Sun	3:44	5.2	4:17	4.7	11:06	-0.7	11:07	-0.4	6:05	7:51	
20	Mon	4:33	5.2	5:06	4.8	11:53	-0.8	11:57	-0.4	6:06	7:49	
21	Tue	5:19	5.2	5:53	4.9			12:37	-0.8	6:07	7:48	
22	Wed	6:05	5.1	6:39	4.9	12:44	-0.3	1:18	-0.7	6:09	7:46	
23	Thu	6:50	4.9	7:25	4.9	1:31	-0.2	1:57	-0.5	6:10	7:45	
24	Fri	7:37	4.6	8:11	4.9	2:17	0.0	2:35	-0.3	6:11	7:43	
25	Sat	8:26	4.4	8:56	4.8	3:04	0.2	3:11	-0.1	6:12	7:41	
26	Sun	9:18	4.1	9:42	4.8	3:52	0.4	3:46	0.1	6:13	7:40	
27	Mon	10:12	3.9	10:30	4.7	4:44	0.6	4:22	0.3	6:14	7:38	
28	Tue	11:08	3.7	11:21	4.6	5:39	0.6	5:07	0.5	6:15	7:36	
29	Wed			12:06	3.6	6:37	0.6	6:04	0.6	6:16	7:35	
30	Thu	12:16	4.6	1:04	3.6	7:34	0.5	7:07	0.7	6:17	7:33	
31	Fri	1:13	4.7	1:59	3.7	8:28	0.3	8:09	0.6	6:18	7:31	