
































Albany, NY - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:06	4.8	2:48	3.9	9:19	0.1	9:07	0.4	6:19	7:30	
2	Sun	2:53	4.9	3:33	4.2	10:05	-0.1	10:00	0.2	6:20	7:28	
3	Mon	3:35	5.1	4:12	4.4	10:49	-0.3	10:51	0.0	6:21	7:26	
4	Tue	4:13	5.1	4:48	4.7	11:29	-0.4	11:39	-0.1	6:22	7:25	
5	Wed	4:50	5.2	5:21	4.9			12:09	-0.5	6:24	7:23	
6	Thu	5:26	5.2	5:53	5.1	12:27	-0.2	12:47	-0.5	6:25	7:21	
7	Fri	6:07	5.1	6:29	5.3	1:15	-0.2	1:26	-0.5	6:26	7:19	
8	Sat	6:53	4.9	7:11	5.4	2:05	-0.1	2:07	-0.4	6:27	7:18	
9	Sun	7:47	4.7	8:00	5.4	2:58	0.0	2:50	-0.3	6:28	7:16	
10	Mon	8:49	4.5	8:58	5.3	3:55	0.1	3:41	-0.1	6:29	7:14	
11	Tue	9:57	4.3	10:06	5.1	4:56	0.2	4:40	0.0	6:30	7:12	
12	Wed	11:06	4.2	11:21	5.0	5:59	0.2	5:47	0.2	6:31	7:11	
13	Thu			12:13	4.2	7:02	0.2	6:55	0.2	6:32	7:09	
14	Fri	12:34	4.9	1:16	4.4	8:03	0.0	8:00	0.1	6:33	7:07	
15	Sat	1:40	5.0	2:16	4.6	8:59	-0.2	9:00	-0.1	6:34	7:05	
16	Sun	2:38	5.1	3:09	4.9	9:51	-0.5	9:57	-0.2	6:35	7:03	
17	Mon	3:29	5.2	3:59	5.1	10:39	-0.6	10:49	-0.3	6:36	7:02	
18	Tue	4:16	5.3	4:44	5.2	11:24	-0.7	11:37	-0.3	6:37	7:00	
19	Wed	4:59	5.2	5:27	5.3			12:05	-0.6	6:39	6:58	
20	Thu	5:42	5.0	6:09	5.3	12:24	-0.2	12:44	-0.4	6:40	6:56	
21	Fri	6:25	4.8	6:49	5.2	1:08	0.0	1:20	-0.2	6:41	6:54	
22	Sat	7:09	4.6	7:29	5.1	1:52	0.2	1:54	0.1	6:42	6:53	
23	Sun	7:56	4.4	8:07	5.1	2:36	0.4	2:24	0.3	6:43	6:51	
24	Mon	8:45	4.2	8:45	5.0	3:21	0.5	2:53	0.5	6:44	6:49	
25	Tue	9:37	4.0	9:24	4.9	4:09	0.7	3:26	0.6	6:45	6:47	
26	Wed	10:32	3.9	10:12	4.8	5:01	0.8	4:11	0.7	6:46	6:46	
27	Thu	11:29	3.8	11:17	4.7	5:56	0.8	5:13	0.9	6:47	6:44	
28	Fri			12:26	3.9	6:52	0.7	6:25	0.9	6:48	6:42	
29	Sat	12:23	4.7	1:21	4.0	7:46	0.6	7:35	0.8	6:49	6:40	
30	Sun	1:22	4.8	2:11	4.3	8:37	0.4	8:37	0.6	6:50	6:38	