
































## Albany, NY - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:41	4.8	2:49	5.8	9:35	0.1	10:37	0.0	7:05	4:22	
2	Sun	3:32	4.8	3:37	5.8	10:27	0.1	11:30	-0.1	7:06	4:22	
3	Mon	4:24	4.8	4:28	5.8	11:20	0.1			7:07	4:22	
4	Tue	5:20	4.7	5:24	5.6	12:22	-0.1	12:13	0.0	7:08	4:21	
5	Wed	6:18	4.7	6:27	5.4	1:14	-0.1	1:07	0.1	7:09	4:21	
6	Thu	7:19	4.7	7:32	5.3	2:06	-0.1	2:02	0.1	7:10	4:21	
7	Fri	8:19	4.8	8:36	5.2	2:58	-0.1	2:59	0.2	7:11	4:21	
8	Sat	9:18	4.9	9:36	5.0	3:50	-0.1	3:58	0.3	7:12	4:21	
9	Sun	10:14	5.0	10:34	4.9	4:42	-0.1	4:58	0.3	7:13	4:21	
10	Mon	11:10	5.2	11:30	4.8	5:33	0.0	5:57	0.4	7:14	4:21	
11	Tue			12:03	5.3	6:22	0.0	6:55	0.3	7:14	4:21	
12	Wed	12:25	4.8	12:55	5.4	7:11	0.0	7:50	0.2	7:15	4:21	
13	Thu	1:17	4.7	1:42	5.5	7:58	0.1	8:43	0.1	7:16	4:21	
14	Fri	2:06	4.7	2:26	5.6	8:43	0.1	9:31	0.0	7:17	4:22	
15	Sat	2:52	4.6	3:07	5.6	9:26	0.2	10:17	0.0	7:18	4:22	
16	Sun	3:36	4.6	3:45	5.5	10:06	0.3	11:00	0.0	7:18	4:22	
17	Mon	4:19	4.5	4:19	5.5	10:45	0.3	11:41	0.0	7:19	4:22	
18	Tue	5:00	4.4	4:50	5.4	11:23	0.4			7:20	4:23	
19	Wed	5:39	4.3	5:17	5.4	12:21	0.1	12:00	0.4	7:20	4:23	
20	Thu	6:18	4.3	5:44	5.4	12:59	0.1	12:39	0.4	7:21	4:23	
21	Fri	6:53	4.4	6:22	5.3	1:36	0.2	1:21	0.4	7:21	4:24	
22	Sat	7:27	4.5	7:07	5.3	2:13	0.2	2:06	0.5	7:22	4:24	
23	Sun	8:03	4.7	7:58	5.1	2:51	0.2	2:59	0.6	7:22	4:25	
24	Mon	8:47	4.8	8:55	4.9	3:32	0.2	4:01	0.7	7:23	4:26	
25	Tue	9:38	5.0	10:01	4.7	4:18	0.2	5:10	0.7	7:23	4:26	
26	Wed	10:37	5.1	11:16	4.5	5:11	0.3	6:19	0.7	7:23	4:27	
27	Thu	11:40	5.2			6:11	0.3	7:25	0.5	7:24	4:27	
28	Fri	12:26	4.5	12:42	5.3	7:14	0.3	8:27	0.3	7:24	4:28	
29	Sat	1:28	4.5	1:39	5.5	8:16	0.2	9:26	0.1	7:24	4:29	
30	Sun	2:24	4.6	2:34	5.6	9:15	0.1	10:20	-0.1	7:24	4:30	
31	Mon	3:18	4.6	3:27	5.6	10:11	0.0	11:13	-0.4	7:25	4:31	