

































## Albany, NY - Aug 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:57	5.4	4:29	4.7	11:14	-0.7	11:15	-0.3	5:46	8:15	
2	Mon	4:42	5.4	5:15	4.7	11:58	-0.7			5:48	8:14	
3	Tue	5:24	5.3	5:59	4.7	12:01	-0.2	12:39	-0.6	5:49	8:13	
4	Wed	6:05	5.1	6:43	4.6	12:44	0.0	1:17	-0.5	5:50	8:11	
5	Thu	6:46	4.9	7:25	4.6	1:26	0.1	1:53	-0.3	5:51	8:10	
6	Fri	7:27	4.7	8:06	4.6	2:08	0.3	2:25	-0.2	5:52	8:09	
7	Sat	8:09	4.5	8:44	4.6	2:50	0.4	2:54	-0.1	5:53	8:08	
8	Sun	8:52	4.3	9:18	4.6	3:35	0.5	3:19	0.0	5:54	8:06	
9	Mon	9:40	4.0	9:43	4.7	4:26	0.6	3:49	0.1	5:55	8:05	
10	Tue	10:36	3.8	10:15	4.7	5:23	0.7	4:30	0.2	5:56	8:04	
11	Wed	11:39	3.7	11:13	4.7	6:24	0.7	5:26	0.3	5:57	8:02	
12	Thu			12:41	3.6	7:25	0.6	6:39	0.4	5:58	8:01	
13	Fri	12:33	4.7	1:40	3.7	8:24	0.4	7:54	0.4	5:59	7:59	
14	Sat	1:38	4.8	2:34	3.9	9:19	0.1	9:00	0.2	6:00	7:58	
15	Sun	2:33	5.0	3:22	4.1	10:10	-0.2	9:59	0.0	6:01	7:56	
16	Mon	3:22	5.2	4:07	4.4	10:58	-0.5	10:54	-0.2	6:02	7:55	
17	Tue	4:07	5.3	4:51	4.7	11:45	-0.7	11:46	-0.4	6:03	7:53	
18	Wed	4:53	5.4	5:35	4.9			12:29	-0.8	6:05	7:52	
19	Thu	5:40	5.4	6:21	5.1	12:38	-0.5	1:14	-0.9	6:06	7:50	
20	Fri	6:31	5.3	7:11	5.2	1:29	-0.5	1:59	-0.9	6:07	7:49	
21	Sat	7:26	5.1	8:04	5.3	2:22	-0.5	2:45	-0.8	6:08	7:47	
22	Sun	8:26	4.9	9:00	5.3	3:17	-0.4	3:34	-0.7	6:09	7:46	
23	Mon	9:28	4.7	9:59	5.2	4:15	-0.3	4:26	-0.5	6:10	7:44	
24	Tue	10:30	4.5	10:59	5.1	5:15	-0.2	5:22	-0.4	6:11	7:43	
25	Wed	11:33	4.4			6:16	-0.1	6:20	-0.3	6:12	7:41	
26	Thu	12:00	5.1	12:35	4.3	7:17	-0.1	7:20	-0.2	6:13	7:39	
27	Fri	1:01	5.1	1:35	4.4	8:15	-0.3	8:18	-0.2	6:14	7:38	
28	Sat	1:58	5.1	2:30	4.6	9:10	-0.4	9:13	-0.3	6:15	7:36	
29	Sun	2:51	5.2	3:22	4.7	10:00	-0.6	10:05	-0.3	6:16	7:34	
30	Mon	3:38	5.2	4:08	4.8	10:46	-0.6	10:53	-0.3	6:17	7:33	
31	Tue	4:22	5.2	4:52	4.9	11:28	-0.6	11:38	-0.2	6:18	7:31	