
































## Albany, NY - Jun 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:11	6.5	4:51	5.2	11:54	0.3	11:51	0.6	5:19	8:26	
2	Sun	4:51	6.5	5:40	5.2			12:44	0.2	5:18	8:27	
3	Mon	5:35	6.5	6:32	5.2	12:41	0.6	1:33	0.1	5:18	8:27	
4	Tue	6:27	6.4	7:30	5.3	1:32	0.6	2:23	0.0	5:18	8:28	
5	Wed	7:26	6.2	8:30	5.4	2:26	0.6	3:14	0.0	5:17	8:29	
6	Thu	8:32	6.1	9:30	5.5	3:21	0.6	4:06	0.0	5:17	8:29	
7	Fri	9:38	5.9	10:29	5.6	4:20	0.6	5:00	0.0	5:17	8:30	
8	Sat	10:42	5.7	11:28	5.8	5:20	0.6	5:54	0.0	5:16	8:31	
9	Sun	11:44	5.6			6:21	0.5	6:48	0.1	5:16	8:31	
10	Mon	12:25	5.9	12:43	5.5	7:22	0.4	7:41	0.1	5:16	8:32	
11	Tue	1:20	6.0	1:40	5.5	8:20	0.2	8:33	0.1	5:16	8:32	
12	Wed	2:12	6.2	2:34	5.5	9:16	0.1	9:23	0.1	5:16	8:33	
13	Thu	3:01	6.2	3:24	5.4	10:09	-0.1	10:11	0.2	5:16	8:33	
14	Fri	3:46	6.3	4:12	5.4	10:58	-0.1	10:56	0.3	5:16	8:34	
15	Sat	4:28	6.2	4:58	5.3	11:44	-0.1	11:38	0.4	5:16	8:34	
16	Sun	5:08	6.0	5:43	5.2			12:28	-0.1	5:16	8:35	
17	Mon	5:46	5.9	6:28	5.1	12:18	0.6	1:10	0.0	5:16	8:35	
18	Tue	6:20	5.7	7:13	4.9	12:56	0.8	1:50	0.2	5:16	8:35	
19	Wed	6:49	5.6	7:58	4.9	1:32	0.9	2:29	0.3	5:16	8:36	
20	Thu	7:07	5.5	8:42	4.9	2:08	1.0	3:06	0.4	5:16	8:36	
21	Fri	7:36	5.4	9:26	4.9	2:47	1.0	3:44	0.4	5:17	8:36	
22	Sat	8:18	5.2	10:09	5.0	3:32	1.1	4:22	0.5	5:17	8:36	
23	Sun	9:06	5.0	10:53	5.0	4:27	1.2	5:04	0.5	5:17	8:36	
24	Mon	10:02	4.8	11:41	5.1	5:34	1.2	5:53	0.6	5:18	8:36	
25	Tue	11:14	4.5			6:43	1.1	6:48	0.6	5:18	8:37	
26	Wed	12:33	5.3	12:50	4.4	7:49	1.0	7:47	0.6	5:18	8:37	
27	Thu	1:25	5.4	1:55	4.4	8:51	0.7	8:46	0.5	5:19	8:37	
28	Fri	2:15	5.6	2:52	4.5	9:48	0.4	9:43	0.4	5:19	8:37	
29	Sat	3:03	5.8	3:43	4.6	10:43	0.1	10:38	0.2	5:20	8:36	
30	Sun	3:50	6.0	4:33	4.7	11:34	-0.2	11:32	0.1	5:20	8:36	