


































Albany, NY - Jan 1997

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 9:41 | 4.6 | 9:10 | 4.5 | 3:54 | 0.4 | 4:12 | 0.8 | 7:25 | 4:32 |  |
| 2 | Thu | 10:28 | 4.7 | 10:32 | 4.3 | 4:40 | 0.4 | 5:17 | 0.8 | 7:25 | 4:33 |  |
| 3 | Fri | 11:18 | 4.8 | 11:40 | 4.3 | 5:32 | 0.4 | 6:23 | 0.8 | 7:25 | 4:34 |  |
| 4 | Sat | | | 12:09 | 4.9 | 6:29 | 0.4 | 7:25 | 0.6 | 7:25 | 4:35 |  |
| 5 | Sun | 12:40 | 4.3 | 12:59 | 5.1 | 7:26 | 0.3 | 8:24 | 0.4 | 7:25 | 4:36 |  |
| 6 | Mon | 1:34 | 4.4 | 1:47 | 5.3 | 8:22 | 0.2 | 9:18 | 0.1 | 7:24 | 4:37 |  |
| 7 | Tue | 2:24 | 4.5 | 2:32 | 5.5 | 9:16 | 0.0 | 10:10 | -0.1 | 7:24 | 4:38 |  |
| 8 | Wed | 3:11 | 4.6 | 3:18 | 5.7 | 10:09 | -0.1 | 11:00 | -0.3 | 7:24 | 4:39 |  |
| 9 | Thu | 3:58 | 4.7 | 4:05 | 5.7 | 11:01 | -0.3 | 11:49 | -0.4 | 7:24 | 4:40 |  |
| 10 | Fri | 4:47 | 4.8 | 4:56 | 5.7 | 11:52 | -0.4 | | | 7:24 | 4:41 |  |
| 11 | Sat | 5:40 | 4.9 | 5:52 | 5.7 | 12:38 | -0.5 | 12:44 | -0.4 | 7:23 | 4:42 |  |
| 12 | Sun | 6:36 | 5.0 | 6:52 | 5.6 | 1:26 | -0.5 | 1:38 | -0.4 | 7:23 | 4:43 |  |
| 13 | Mon | 7:33 | 5.1 | 7:54 | 5.5 | 2:16 | -0.5 | 2:33 | -0.4 | 7:23 | 4:44 |  |
| 14 | Tue | 8:31 | 5.1 | 8:54 | 5.4 | 3:06 | -0.5 | 3:30 | -0.3 | 7:22 | 4:45 |  |
| 15 | Wed | 9:29 | 5.2 | 9:53 | 5.2 | 3:58 | -0.4 | 4:29 | -0.2 | 7:22 | 4:46 |  |
| 16 | Thu | 10:27 | 5.2 | 10:52 | 5.1 | 4:52 | -0.3 | 5:29 | -0.1 | 7:21 | 4:48 |  |
| 17 | Fri | 11:24 | 5.3 | 11:50 | 5.0 | 5:46 | -0.3 | 6:29 | -0.1 | 7:21 | 4:49 |  |
| 18 | Sat | | | 12:20 | 5.3 | 6:40 | -0.2 | 7:26 | -0.2 | 7:20 | 4:50 |  |
| 19 | Sun | 12:46 | 5.0 | 1:14 | 5.4 | 7:34 | -0.2 | 8:21 | -0.3 | 7:19 | 4:51 |  |
| 20 | Mon | 1:40 | 5.1 | 2:03 | 5.4 | 8:25 | -0.2 | 9:13 | -0.4 | 7:19 | 4:52 |  |
| 21 | Tue | 2:29 | 5.1 | 2:49 | 5.4 | 9:13 | -0.1 | 10:01 | -0.4 | 7:18 | 4:54 |  |
| 22 | Wed | 3:16 | 5.1 | 3:32 | 5.4 | 9:59 | -0.1 | 10:45 | -0.3 | 7:17 | 4:55 |  |
| 23 | Thu | 4:01 | 5.0 | 4:12 | 5.3 | 10:42 | 0.0 | 11:27 | -0.2 | 7:17 | 4:56 |  |
| 24 | Fri | 4:45 | 5.0 | 4:51 | 5.2 | 11:23 | 0.1 | | | 7:16 | 4:58 |  |
| 25 | Sat | 5:27 | 4.9 | 5:27 | 5.1 | 12:07 | -0.1 | 12:01 | 0.2 | 7:15 | 4:59 |  |
| 26 | Sun | 6:08 | 4.8 | 6:00 | 5.0 | 12:44 | 0.0 | 12:39 | 0.3 | 7:14 | 5:00 |  |
| 27 | Mon | 6:47 | 4.8 | 6:23 | 5.0 | 1:20 | 0.1 | 1:18 | 0.4 | 7:13 | 5:01 |  |
| 28 | Tue | 7:22 | 4.8 | 6:49 | 4.9 | 1:53 | 0.2 | 1:58 | 0.5 | 7:12 | 5:03 |  |
| 29 | Wed | 7:49 | 4.9 | 7:30 | 4.8 | 2:26 | 0.3 | 2:44 | 0.6 | 7:11 | 5:04 |  |
| 30 | Thu | 8:13 | 4.9 | 8:20 | 4.6 | 3:01 | 0.4 | 3:40 | 0.7 | 7:10 | 5:05 |  |
| 31 | Fri | 8:55 | 5.0 | 9:21 | 4.5 | 3:43 | 0.4 | 4:45 | 0.8 | 7:09 | 5:07 |  |