

































Albany, NY - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:11	5.6	8:55	4.8	3:05	0.7	4:20	1.0	6:30	5:44	
2	Sun	9:06	5.6	10:21	4.7	4:04	0.9	5:25	1.0	6:28	5:45	
3	Mon	10:14	5.5	11:38	4.8	5:17	0.9	6:30	0.9	6:26	5:47	
4	Tue	11:40	5.5			6:29	0.9	7:30	0.7	6:25	5:48	
5	Wed	12:42	5.0	12:52	5.6	7:35	0.7	8:27	0.5	6:23	5:49	
6	Thu	1:38	5.2	1:52	5.8	8:36	0.4	9:21	0.2	6:21	5:50	
7	Fri	2:30	5.5	2:46	6.0	9:33	0.1	10:11	0.0	6:20	5:51	
8	Sat	3:19	5.8	3:38	6.1	10:26	-0.1	10:59	-0.1	6:18	5:53	
9	Sun	4:07	5.9	4:29	6.1	11:19	-0.2	11:47	-0.1	6:16	5:54	
10	Mon	4:56	6.0	5:21	6.0			12:10	-0.2	6:14	5:55	
11	Tue	5:46	6.0	6:16	5.9	12:33	0.0	1:02	-0.1	6:13	5:56	
12	Wed	6:39	6.0	7:13	5.7	1:20	0.1	1:54	0.0	6:11	5:57	
13	Thu	7:34	5.9	8:10	5.6	2:08	0.3	2:48	0.2	6:09	5:59	
14	Fri	8:30	5.7	9:08	5.5	2:58	0.5	3:43	0.4	6:08	6:00	
15	Sat	9:27	5.6	10:05	5.4	3:49	0.7	4:40	0.6	6:06	6:01	
16	Sun	10:25	5.5	11:03	5.4	4:44	0.9	5:36	0.7	6:04	6:02	
17	Mon	11:23	5.5	11:59	5.4	5:40	1.0	6:32	0.7	6:02	6:03	
18	Tue			12:20	5.5	6:35	1.0	7:25	0.6	6:01	6:04	
19	Wed	12:53	5.6	1:13	5.5	7:29	1.0	8:14	0.5	5:59	6:06	
20	Thu	1:44	5.7	2:01	5.6	8:20	0.9	9:00	0.5	5:57	6:07	
21	Fri	2:30	5.8	2:45	5.7	9:08	0.7	9:43	0.5	5:55	6:08	
22	Sat	3:13	5.9	3:26	5.7	9:53	0.7	10:23	0.5	5:54	6:09	
23	Sun	3:52	6.0	4:04	5.7	10:37	0.6	11:00	0.6	5:52	6:10	
24	Mon	4:27	6.0	4:39	5.6	11:19	0.6	11:36	0.7	5:50	6:11	
25	Tue	4:58	6.0	5:10	5.5			12:00	0.7	5:48	6:12	
26	Wed	5:19	6.1	5:36	5.4	12:10	0.8	12:42	0.7	5:47	6:14	
27	Thu	5:35	6.2	6:06	5.4	12:43	0.9	1:25	0.8	5:45	6:15	
28	Fri	6:09	6.3	6:48	5.3	1:18	0.9	2:12	0.9	5:43	6:16	
29	Sat	6:53	6.3	7:41	5.3	1:57	1.0	3:03	1.0	5:41	6:17	
30	Sun	7:43	6.2	8:50	5.2	2:47	1.1	4:01	1.1	5:40	6:18	
31	Mon	8:41	6.1	10:08	5.2	3:49	1.3	5:03	1.2	5:38	6:19	