

































Albany, NY - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:09	5.8	2:34	5.1	9:20	-0.2	9:25	-0.2	5:21	8:36	
2	Wed	2:59	5.9	3:26	5.1	10:14	-0.4	10:15	-0.2	5:21	8:36	
3	Thu	3:47	5.9	4:16	5.1	11:05	-0.5	11:03	-0.1	5:22	8:36	
4	Fri	4:32	5.9	5:04	5.1	11:52	-0.5	11:49	0.1	5:22	8:36	
5	Sat	5:14	5.7	5:50	5.0			12:37	-0.5	5:23	8:35	
6	Sun	5:56	5.5	6:37	4.9	12:32	0.2	1:20	-0.3	5:23	8:35	
7	Mon	6:37	5.4	7:24	4.8	1:13	0.4	2:01	-0.2	5:24	8:35	
8	Tue	7:17	5.2	8:11	4.7	1:54	0.6	2:41	-0.1	5:25	8:34	
9	Wed	7:57	5.0	8:58	4.7	2:34	0.7	3:19	0.1	5:26	8:34	
10	Thu	8:36	4.8	9:43	4.7	3:16	0.8	3:56	0.2	5:26	8:33	
11	Fri	9:17	4.6	10:29	4.7	4:03	0.9	4:33	0.3	5:27	8:33	
12	Sat	10:10	4.4	11:15	4.8	4:58	1.0	5:14	0.3	5:28	8:32	
13	Sun	11:17	4.2			6:01	1.0	6:01	0.4	5:29	8:32	
14	Mon	12:04	4.9	12:23	4.0	7:04	0.9	6:57	0.5	5:29	8:31	
15	Tue	12:54	5.0	1:24	4.0	8:06	0.7	7:56	0.4	5:30	8:31	
16	Wed	1:43	5.1	2:19	4.0	9:04	0.4	8:54	0.3	5:31	8:30	
17	Thu	2:30	5.3	3:10	4.1	9:59	0.1	9:50	0.2	5:32	8:29	
18	Fri	3:14	5.5	3:57	4.3	10:50	-0.2	10:44	0.0	5:33	8:29	
19	Sat	3:57	5.6	4:42	4.4	11:39	-0.4	11:36	-0.1	5:34	8:28	
20	Sun	4:40	5.7	5:28	4.6			12:26	-0.6	5:35	8:27	
21	Mon	5:26	5.7	6:16	4.7	12:27	-0.2	1:13	-0.7	5:36	8:26	
22	Tue	6:17	5.7	7:08	4.8	1:18	-0.3	2:00	-0.8	5:37	8:25	
23	Wed	7:14	5.5	8:03	5.0	2:11	-0.3	2:47	-0.8	5:38	8:24	
24	Thu	8:14	5.4	9:00	5.1	3:05	-0.3	3:36	-0.8	5:39	8:23	
25	Fri	9:16	5.2	9:57	5.2	4:02	-0.3	4:27	-0.7	5:39	8:22	
26	Sat	10:18	5.0	10:55	5.2	5:01	-0.2	5:20	-0.6	5:40	8:22	
27	Sun	11:19	4.8	11:53	5.2	6:02	-0.2	6:14	-0.5	5:41	8:20	
28	Mon			12:19	4.7	7:02	-0.2	7:10	-0.4	5:42	8:19	
29	Tue	12:51	5.3	1:19	4.7	8:02	-0.3	8:06	-0.4	5:43	8:18	
30	Wed	1:47	5.3	2:15	4.7	8:59	-0.5	9:00	-0.4	5:44	8:17	
31	Thu	2:40	5.4	3:08	4.7	9:52	-0.6	9:52	-0.4	5:46	8:16	