
























Albany, NY - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:26	5.7	3:44	5.8	10:19	0.0	10:58	-0.2	6:30	5:43	
2	Tue	4:13	5.7	4:29	5.7	11:06	0.0	11:41	0.0	6:29	5:45	
3	Wed	4:58	5.7	5:13	5.6	11:51	0.2			6:27	5:46	
4	Thu	5:42	5.6	5:58	5.4	12:22	0.2	12:35	0.4	6:25	5:47	
5	Fri	6:26	5.5	6:44	5.3	1:00	0.4	1:18	0.6	6:24	5:48	
6	Sat	7:09	5.5	7:32	5.1	1:37	0.6	2:01	0.8	6:22	5:50	
7	Sun	7:52	5.4	8:21	4.9	2:12	0.8	2:46	0.9	6:20	5:51	
8	Mon	8:34	5.3	9:13	4.8	2:46	1.0	3:36	1.1	6:19	5:52	
9	Tue	9:18	5.3	10:07	4.7	3:23	1.1	4:30	1.2	6:17	5:53	
10	Wed	10:07	5.2	11:04	4.6	4:11	1.2	5:27	1.2	6:15	5:54	
11	Thu	11:04	5.2			5:11	1.3	6:25	1.2	6:14	5:56	
12	Fri	12:00	4.7	12:02	5.3	6:15	1.3	7:21	1.0	6:12	5:57	
13	Sat	12:53	4.8	12:57	5.4	7:17	1.2	8:14	0.8	6:10	5:58	
14	Sun	1:42	5.0	1:46	5.6	8:15	0.9	9:03	0.7	6:08	5:59	
15	Mon	2:26	5.2	2:31	5.8	9:10	0.7	9:50	0.5	6:07	6:00	
16	Tue	3:06	5.5	3:14	5.9	10:01	0.5	10:35	0.4	6:05	6:01	
17	Wed	3:44	5.7	3:56	6.0	10:51	0.3	11:19	0.3	6:03	6:03	
18	Thu	4:21	5.9	4:40	6.0	11:41	0.2			6:01	6:04	
19	Fri	5:00	6.1	5:29	5.9	12:02	0.3	12:31	0.2	6:00	6:05	
20	Sat	5:43	6.1	6:24	5.8	12:47	0.4	1:23	0.2	5:58	6:06	
21	Sun	6:34	6.1	7:25	5.7	1:33	0.5	2:17	0.3	5:56	6:07	
22	Mon	7:32	6.1	8:28	5.6	2:23	0.6	3:14	0.4	5:54	6:08	
23	Tue	8:36	6.0	9:31	5.5	3:18	0.7	4:14	0.5	5:53	6:10	
24	Wed	9:44	5.8	10:34	5.5	4:17	0.8	5:14	0.6	5:51	6:11	
25	Thu	10:51	5.8	11:35	5.6	5:19	0.8	6:14	0.5	5:49	6:12	
26	Fri	11:56	5.8			6:21	0.8	7:12	0.4	5:47	6:13	
27	Sat	12:34	5.8	12:56	5.8	7:20	0.7	8:07	0.3	5:46	6:14	
28	Sun	1:29	6.0	1:50	5.9	8:17	0.5	8:58	0.2	5:44	6:15	
29	Mon	2:19	6.1	2:39	6.0	9:10	0.4	9:45	0.2	5:42	6:17	
30	Tue	3:06	6.3	3:25	6.0	9:59	0.4	10:28	0.3	5:40	6:18	
31	Wed	3:50	6.3	4:08	6.0	10:45	0.4	11:09	0.4	5:39	6:19	