

































## Albany, NY - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:08	4.8	12:38	5.3	6:56	-0.1	7:32	0.1	7:25	4:31	
2	Sun	1:00	4.8	1:27	5.4	7:44	-0.1	8:25	0.0	7:25	4:32	
3	Mon	1:50	4.8	2:12	5.5	8:30	0.0	9:14	-0.1	7:25	4:33	
4	Tue	2:37	4.8	2:54	5.5	9:13	0.0	10:00	-0.1	7:25	4:34	
5	Wed	3:22	4.7	3:33	5.5	9:55	0.1	10:44	-0.1	7:25	4:35	
6	Thu	4:04	4.6	4:08	5.5	10:35	0.1	11:25	-0.1	7:25	4:36	
7	Fri	4:44	4.5	4:39	5.4	11:13	0.2			7:24	4:37	
8	Sat	5:23	4.4	5:04	5.4	12:05	0.0	11:52 AM	0.2	7:24	4:38	
9	Sun	5:59	4.4	5:28	5.4	12:44	0.0	12:31	0.3	7:24	4:39	
10	Mon	6:30	4.5	6:05	5.4	1:22	0.1	1:12	0.3	7:24	4:40	
11	Tue	6:58	4.6	6:50	5.3	2:01	0.1	1:58	0.4	7:24	4:41	
12	Wed	7:34	4.7	7:41	5.2	2:40	0.1	2:50	0.5	7:23	4:42	
13	Thu	8:21	4.8	8:38	5.0	3:22	0.1	3:51	0.6	7:23	4:43	
14	Fri	9:16	4.9	9:47	4.8	4:11	0.2	4:59	0.6	7:22	4:44	
15	Sat	10:20	5.0	11:06	4.6	5:07	0.2	6:08	0.6	7:22	4:46	
16	Sun	11:29	5.1			6:09	0.2	7:13	0.4	7:22	4:47	
17	Mon	12:16	4.6	12:35	5.2	7:12	0.2	8:15	0.2	7:21	4:48	
18	Tue	1:19	4.7	1:34	5.4	8:12	0.1	9:13	-0.1	7:20	4:49	
19	Wed	2:16	4.8	2:29	5.6	9:10	-0.1	10:08	-0.3	7:20	4:50	
20	Thu	3:09	4.9	3:22	5.6	10:05	-0.2	11:00	-0.5	7:19	4:52	
21	Fri	4:01	4.9	4:14	5.6	10:58	-0.3	11:50	-0.5	7:19	4:53	
22	Sat	4:54	5.0	5:08	5.6	11:50	-0.3			7:18	4:54	
23	Sun	5:48	5.0	6:03	5.4	12:39	-0.5	12:41	-0.3	7:17	4:55	
24	Mon	6:43	5.0	7:00	5.3	1:27	-0.5	1:32	-0.2	7:16	4:57	
25	Tue	7:38	5.0	7:56	5.2	2:14	-0.3	2:24	0.0	7:16	4:58	
26	Wed	8:32	5.0	8:51	5.0	3:02	-0.2	3:18	0.2	7:15	4:59	
27	Thu	9:25	5.1	9:46	4.9	3:49	-0.1	4:13	0.3	7:14	5:00	
28	Fri	10:18	5.1	10:41	4.8	4:37	0.1	5:09	0.4	7:13	5:02	
29	Sat	11:11	5.1	11:37	4.7	5:26	0.2	6:06	0.4	7:12	5:03	
30	Sun			12:03	5.1	6:16	0.3	7:02	0.4	7:11	5:04	
31	Mon	12:31	4.6	12:54	5.2	7:05	0.4	7:55	0.3	7:10	5:06	