

































Albany, NY - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:54	4.8	1:07	5.3	7:17	1.0	8:12	0.6	6:29	5:44	
2	Thu	1:44	4.9	1:55	5.4	8:09	0.9	9:00	0.5	6:27	5:46	
3	Fri	2:30	5.0	2:38	5.6	8:59	0.7	9:44	0.4	6:26	5:47	
4	Sat	3:12	5.2	3:17	5.6	9:46	0.6	10:26	0.3	6:24	5:48	
5	Sun	3:49	5.3	3:53	5.7	10:32	0.4	11:06	0.3	6:22	5:49	
6	Mon	4:23	5.4	4:26	5.7	11:17	0.4	11:45	0.3	6:21	5:50	
7	Tue	4:51	5.5	4:59	5.7			12:02	0.4	6:19	5:52	
8	Wed	5:18	5.7	5:38	5.6	12:23	0.4	12:49	0.4	6:17	5:53	
9	Thu	5:51	5.8	6:25	5.5	1:02	0.4	1:38	0.5	6:16	5:54	
10	Fri	6:33	5.9	7:21	5.4	1:42	0.5	2:31	0.6	6:14	5:55	
11	Sat	7:23	5.9	8:26	5.3	2:28	0.6	3:28	0.7	6:12	5:56	
12	Sun	8:20	5.9	9:35	5.2	3:21	0.7	4:30	0.8	6:11	5:58	
13	Mon	9:31	5.7	10:44	5.1	4:23	0.9	5:34	0.8	6:09	5:59	
14	Tue	10:51	5.6	11:49	5.2	5:31	0.9	6:36	0.7	6:07	6:00	
15	Wed			12:04	5.6	6:37	0.8	7:35	0.5	6:05	6:01	
16	Thu	12:50	5.4	1:08	5.8	7:39	0.6	8:31	0.3	6:04	6:02	
17	Fri	1:46	5.7	2:06	5.9	8:38	0.4	9:24	0.1	6:02	6:04	
18	Sat	2:38	5.9	2:57	6.0	9:33	0.2	10:12	0.0	6:00	6:05	
19	Sun	3:27	6.1	3:46	6.1	10:24	0.1	10:59	0.0	5:58	6:06	
20	Mon	4:13	6.1	4:33	6.0	11:13	0.1	11:42	0.2	5:57	6:07	
21	Tue	4:59	6.1	5:19	5.9			12:00	0.2	5:55	6:08	
22	Wed	5:44	6.1	6:07	5.7	12:24	0.4	12:47	0.4	5:53	6:09	
23	Thu	6:29	6.0	6:57	5.5	1:05	0.6	1:33	0.7	5:51	6:10	
24	Fri	7:15	5.9	7:49	5.3	1:44	0.9	2:20	0.9	5:50	6:12	
25	Sat	8:01	5.7	8:41	5.2	2:23	1.1	3:08	1.1	5:48	6:13	
26	Sun	8:49	5.6	9:36	5.0	3:03	1.4	4:00	1.2	5:46	6:14	
27	Mon	9:40	5.5	10:31	5.0	3:48	1.5	4:53	1.3	5:44	6:15	
28	Tue	10:34	5.4	11:27	5.0	4:41	1.6	5:48	1.3	5:43	6:16	
29	Wed	11:32	5.4			5:40	1.7	6:42	1.3	5:41	6:17	
30	Thu	12:21	5.1	12:27	5.5	6:40	1.6	7:34	1.1	5:39	6:19	
31	Fri	1:12	5.2	1:19	5.6	7:37	1.4	8:23	1.0	5:37	6:20	