

































## Albany, NY - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:36	5.7	8:23	4.9	2:27	0.6	3:43	1.0	6:29	5:44	
2	Fri	8:27	5.7	9:35	4.8	3:13	0.7	4:48	1.0	6:28	5:45	
3	Sat	9:25	5.6	10:55	4.7	4:16	0.9	5:54	1.0	6:26	5:47	
4	Sun	10:39	5.5			5:33	1.0	6:58	0.9	6:25	5:48	
5	Mon	12:05	4.8	12:06	5.5	6:47	0.9	7:58	0.6	6:23	5:49	
6	Tue	1:07	5.0	1:16	5.6	7:53	0.7	8:54	0.4	6:21	5:50	
7	Wed	2:02	5.3	2:16	5.8	8:54	0.4	9:46	0.1	6:19	5:51	
8	Thu	2:54	5.5	3:09	6.0	9:50	0.1	10:35	0.0	6:18	5:53	
9	Fri	3:43	5.8	4:01	6.0	10:43	0.0	11:23	-0.1	6:16	5:54	
10	Sat	4:31	5.9	4:51	6.0	11:35	-0.1			6:14	5:55	
11	Sun	5:20	6.0	5:43	5.9	12:09	0.0	12:25	0.0	6:13	5:56	
12	Mon	6:10	6.0	6:37	5.7	12:54	0.1	1:16	0.1	6:11	5:57	
13	Tue	7:02	5.9	7:32	5.5	1:39	0.3	2:08	0.3	6:09	5:59	
14	Wed	7:54	5.8	8:28	5.4	2:24	0.5	3:01	0.5	6:07	6:00	
15	Thu	8:47	5.7	9:24	5.2	3:12	0.8	3:56	0.7	6:06	6:01	
16	Fri	9:42	5.6	10:21	5.1	4:01	1.0	4:52	0.9	6:04	6:02	
17	Sat	10:38	5.5	11:19	5.1	4:54	1.2	5:48	0.9	6:02	6:03	
18	Sun	11:35	5.4			5:49	1.3	6:43	0.9	6:01	6:04	
19	Mon	12:15	5.1	12:30	5.5	6:44	1.3	7:36	0.9	5:59	6:06	
20	Tue	1:09	5.3	1:22	5.6	7:38	1.2	8:25	0.7	5:57	6:07	
21	Wed	1:58	5.4	2:10	5.7	8:28	1.0	9:10	0.7	5:55	6:08	
22	Thu	2:42	5.5	2:53	5.7	9:16	0.9	9:51	0.6	5:54	6:09	
23	Fri	3:23	5.7	3:32	5.8	10:02	0.8	10:30	0.6	5:52	6:10	
24	Sat	3:59	5.7	4:08	5.7	10:46	0.7	11:07	0.7	5:50	6:11	
25	Sun	4:31	5.8	4:41	5.6	11:29	0.7	11:41	0.7	5:48	6:13	
26	Mon	4:55	5.9	5:12	5.6			12:12	0.7	5:46	6:14	
27	Tue	5:12	6.1	5:44	5.5	12:14	0.8	12:56	0.8	5:45	6:15	
28	Wed	5:40	6.2	6:25	5.4	12:48	0.9	1:43	0.9	5:43	6:16	
29	Thu	6:21	6.3	7:17	5.3	1:23	0.9	2:34	1.0	5:41	6:17	
30	Fri	7:08	6.3	8:20	5.2	2:06	1.1	3:30	1.1	5:40	6:18	
31	Sat	8:02	6.2	9:33	5.1	2:59	1.2	4:31	1.2	5:38	6:19	